

NHS Greater Glasgow Urology Formulary October 2019

Primary Care

A prescribing guideline is intended to assist healthcare professionals in the choice of therapeutic options to support patient-centred care. Clinical judgement should be exercised on the applicability of any guideline, influenced by individual patient characteristics.

Urology Formulary, product data and prescribing guidance has been updated by a Multidisciplinary Group. Urology Care Formulary to be monitored by the Therapeutics Sub Committee of the Area Drugs and Therapeutics Committee.

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Introduction

The NHS Greater Glasgow and Clyde Urology Formulary Primary Care have been reviewed by the Urology Steering Group on behalf of the ADTC therapeutic group preferred choices of urology products for patients with urinary incontinence. Containment pads and intermittent self catheters are excluded from this formulary.

Products are listed in Scottish Drug Tariff: Part 3 ([HERE](#)) and Part 5 ([HERE](#))

This formulary complements current guidance available on use of urology products and should be used in conjunction with the NHS GGC Urinary Catheterisation Adults Clinical Guideline [HERE](#)

Assessment and use of all appliances must be undertaken by an appropriately trained healthcare professional; who should “maintain the knowledge and skills you need for safe and effective practice” (NMC Code of Conduct, updated 10th October 2018).

<https://www.nmc.org.uk/standards/code/>

Key Message and Prescribing Recommendations

Preferred core product choices are included in this formulary

This Formulary includes products which are within an agreed ceiling cost (noted below); use of products which are available via drug tariff which are within the ceiling cost will be considered “total formulary” and prescribing of these will not have an adverse effect on overall formulary compliance. This will support the use of products which support patient centred care.

Any product out with ceiling cost required to meet patient needs either under specialist advice or for a specific patient condition, will have rationale clearly documented in patient notes. This will prevent switches being made at patient review or at medical reconciliation.

Category	Ceiling cost		Category	Ceiling cost
Urinary catheters	≤ £5.00		Night bags	≤ £1.20
Supra pubic catheters	≤ £6.50		Night bags single use	≤ £0.30
Urosheaths	≤ £1.60		Catheter valves	≤ £2.00
Leg bags	≤ £2.60		Catheter insertion packs	≤ £2.50

For further information, refer to Tables in this formulary, which include guidance on suggested volume of products to reduce waste and highlight variances for further review and preferred product choices.

If there are any products routinely used which the clinician feels should be included as a preferred choice product then a request can be made via the ADTC therapeutics group.

Ordering Supplies

There are two routes to the supply of urology products and this should be discussed with patients and/or carers to determine their preferred choice:

1. **Community Pharmacies** – prescriptions can be requested by the patient or the patient's representative from the GP surgery and items delivered directly to the patient's home, along with other medication by prearrangement with community pharmacist. Stock will be delivered within 24 – 48 hours in most instances. This may be a preferred choice for patients who already have an established relationship with their community pharmacist and could be accessing the pharmacy home delivery service for their medication.
2. **Dispensing Appliance Contractors (DAC)** –prescriptions can be requested from the GP by the patient or the patient's representative and sent to the DAC. Items are in most circumstances delivered directly to the patient's home. Delivery time frames and intervals between deliveries can be agreed with the DAC

Considerations to make when requesting repeat prescription

1. It is the responsibility of caseload holder/clinician to be aware of cost of products when prescribing and whenever possible if there are no variances between products to opt for lowest cost. This will make best use of resources whilst maintaining quality of care
2. Clinicians supporting patients at initiation and ongoing use of urology products, who are not prescribers, should ensure that they request reasonable volumes to prevent waste and to choose or request products generically from the preferred options for the general practice to prescribe.
3. Patients and carers should be advised on what reasonable volumes are and who to contact if they feel that products/volumes are not meeting their needs, with subsequent review (Table one)
4. Patients should be encouraged to order when they get to a defined threshold quantity to allow sufficient time for delivery.
5. Patients should be encouraged to report to their GP practice if they feel that they have excess stock building up or any concern with service delivery to prevent waste.
6. If a patient review is required or you have any concerns with regard to prescribing activity of particular patients, support can be obtained via your Prescribing Support Pharmacist (PSP).
7. Patients and carers should be advised that leg bags are expected to last for 5-7 days. To replace daily may increase risk of urinary tract infection by frequently breaking system to change; is a waste of resources; and, results in greater environment waste

To support safe and cost effective prescribing to meet individual patient needs the PSP can also help support clinicians, by identifying patients who require review, through the urology pharmacy implementation guide process. This includes identifying variances in prescribing such as individual patients who are being prescribed consistently very high or

low volumes of products over a period of time. Table One provides guidance on suggested average volumes of products required.

All continence products excluding containment pads are classified as medical devices and are regulated by the Medical Device Agency (MDA). Anyone may report adverse incidents or problems with products, including patients, carers, or any healthcare professional via the Medicines and Healthcare Products Regulatory Authority (MHRA). www.yccscotland.scot.nhs.uk

Table One: Product volume prescribing considerations		
Product	Frequency of change	Prescription requirements (56 day prescribing):
Indwelling urinary urethral catheters long term, nelaton rounded tip, 100% silicone: <ul style="list-style-type: none"> • Medasil® water filled balloon • Uno medical Careline® glycerin filled balloon 	<ul style="list-style-type: none"> • One catheter every twelve weeks unless patient has an individual management plan due to clinical requirement for more frequent changes 	<ul style="list-style-type: none"> • First time catheterisation prescribe 3 catheters (one for immediate use, two spare for next scheduled change and in event of an unplanned change) • Ongoing prescriptions: One catheter by acute script. •
Indwelling supra pubic long term catheter: <ul style="list-style-type: none"> • Uno medical Careline® <u>male length only – nelaton tip</u> • <u>Coloplast Folysil</u> open ended 	<ul style="list-style-type: none"> • One catheter every eight weeks or sooner if required if patient is at risk of catheter blocking 	<ul style="list-style-type: none"> • First time catheterisation prescribe 3 catheters (one for immediate use, two spare for next scheduled and change and in event on an unplanned) • Ongoing prescriptions: One catheter
Sterile Catheterisation Procedure Insertion Packs: <ul style="list-style-type: none"> • Richardson Cath-It® 	<ul style="list-style-type: none"> • One pack required per catheter change 	<ul style="list-style-type: none"> • Two layer system: Layer One removal kit. Layer Two catheterisation insertion kit (Does not include catheter, lubricating gel or saline). Water required to inflate catheter balloon and Iripod® for cleansing prior to insertion are not included
Sterile Lubricating Lidocaine hydrochloride 2% and Chlorhexidine gluconate solution 0.25% gel for indwelling catheter insertion procedure <ul style="list-style-type: none"> • Instillagel® • Optilube 	Presentation sterile syringe gel: <ul style="list-style-type: none"> • 6mls (female), 11ml (male) • Pack size 10 	<ul style="list-style-type: none"> • Administer 5 minutes prior to catheter insertion. • Prior to use be aware of the contraindications for use and observations required for the use of lidocaine
Leg drainage bags and STERILE night drainage bags: <ul style="list-style-type: none"> • Prosys® bag • Qufora® bag 	Replace bag: <ul style="list-style-type: none"> • Every 5 to 7 days • At routine catheter change 	<ul style="list-style-type: none"> • 1 box of 10 bags (sufficient for up to 10 weeks) • Minimum one box and maximum two boxes required • Box includes one pair of non-sterile latex gloves and 10 soft elasticated cotton Velcro retention straps
Night drainage bags (Non sterile): <ul style="list-style-type: none"> • Prosys® bag • Qufora® bag 	<ul style="list-style-type: none"> • Single use • Available in drainable and non drainable sterile bags • Change bag daily 	<ul style="list-style-type: none"> • 6 Boxes of 10 (60 Bags)
Night drainage bags (non sterile): <ul style="list-style-type: none"> • Qufora® 2 litre ;120 cm length, lever valve • Qufora® 2 litre ;120 cm length, T-valve • Prosys® 2 litre ;120 cm length, lever (options available for single or weekly use) 	<ul style="list-style-type: none"> • Change once weekly 	<ul style="list-style-type: none"> • 1 Box of 10 (sufficient for up to 10 weeks) • Maximum two boxes (20 bags for this period)
Catheter valves 4 cm: <ul style="list-style-type: none"> • Careline® lever • Careline® T- tap • Qufora 	Replace valve: <ul style="list-style-type: none"> • Every 5 to 7 days at routine catheter change 	<ul style="list-style-type: none"> • 2 boxes of 5 • minimum 8 - maximum 12
Penile sheaths: <ul style="list-style-type: none"> • Prosys Flofit® self adhesive • P-sure® 	Change daily: <ul style="list-style-type: none"> • Some patients may prefer to leave in situ for longer periods • 1 box contains 30 	<ul style="list-style-type: none"> • Sheaths can be changed on a daily basis to relieve pressure and allow for skin hygiene • 2 boxes (60 sheaths) max

TABLE TWO: Preferred Product List Codes for long term indwelling urinary catheters

All listed have the following features:

- 100% silicone, latex free
- 10ml size balloon, unless stated otherwise
- Nelaton tipped, variance Coloplast (open ended)
- Larger sized catheters are available for specific patient needs, if required

MEDASIL SURGICAL LTD: MEDASIL CATHETER; with WATER filled balloon Licensed for URETHRAL USE ONLY Cost £4.62 each Ceiling cost £5.00 for urethral				
Gender	Length	Size	PIP CODE	ORDER CODE
Female	29 cm	12	270-2447	86F
Female	29 cm	14	270-2454	86F
Female	29 cm	16	270-2462	86F
Female	29 cm	18	270-2470	86F
Male (cm)	42 cm	12	270-2280	84M
Male	42 cm	14	270-2298	84M
Male	42 cm	16	270-2306	84M
Male	42 cm	18	270-2314	84M
UNO MEDICAL: CARELINE[®] with GLYCERIN filled balloon Male length 40cm is Licensed for URETHRAL and SUPRA PUBIC USE Female length 24cm for URETHRAL USE ONLY Cost £5:00 each Ceiling cost £5.00 (urethral); £6.50 (supra pubic)				
Female	24cm	12		UM41171210PS
Female	24cm	14		UM41171410PS
Female	24cm	16		UM41171610PS
Male	40cm	12		UM41151210PS
Male	40cm	14		UM41151410PS
Male	40cm	16		UM41151610PS
Male	40cm	18		UM41151810PS
OPEN ENDED urinary catheter: Licensed for URETHRAL and SUPRA PUBIC USE COLOPLAST Ltd Folysil Cost £6.48 Ceiling cost £6.50 (supra pubic)				
Male		12		AA7412
Male		14		AA7414
Male		16		AA7416
Male		18		AA7418

CATH-IT CATHETERISATION PACKS-RICHARDSON HEALTHCARE £1.98			
		PIP CODE	PRODUCT CODE
Small/medium gloves		370-1034	908410
Medium/large gloves		370-1042	908420
Large/extra large gloves		379-6935	908430
CATHETER VALVE			Ceiling cost £2.00
Can be connected to catheter or urosheath			
Careline – Unomedical Ltd	Lever £2.00	346-4484	908211S-20
Careline – Unomedical Ltd	T-tap £2.00	346-4492	908051S-20
Qufora – MacGregor Healthcare	£1.70	21104204	
Prosys - Clinisupplies Ltd	£1.90	PCV3942	

DRAINAGE BAGS (10 bags per box) sterile						Ceiling cost £2.60
Boxes contains one pair sterile latex gloves and soft elasticised velcro straps						
QUFORA DRAINAGE BAGS-MacGregor Healthcare Ltd £2.24 each						
Type	SIZE	TUBE LENGTH	TAP	PIP CODE	PRODUCT CODE	
Leg	500ml	Long	Lever	380-8086	12161504	
Leg	500ml	Short	Lever	385-7281	12161804	
Leg	500ml	Short	T-tap	385-7299	12151804	
Leg	500ml	Long	T-tap	380-8193	12151504	
Leg	750ml	Long	Lever	380-8094	12361504	
Leg	750ml	Short	Lever	388-4301	12361804	
Leg	750ml	Long	T-tap	380-8201	12351504	
Leg	750ml	Short	T-tap	385-7315	12351804	
Night	2litre	120cm	Lever valve	381-2781	14823204	
Night	2litre	120cm	T-valve	381-2773	14853204	
PROSYS DRAINAGE BAGS-Clinisupplies Ltd £2.55 each						
Leg	350ml	Short	Slide	299-6817	P350S	
Leg	350ml	Long	Slide	299-6767	P350L	
Leg	500ml	Short	Lever	299-6825	P500S	
Leg	500ml	Long	Slide	299-6791	P500L	
Leg	500ml	Short	Slide	299-6825	P500S	
Leg	500ml	Long	Slide	299-6791	P500L	
Leg	500ml	Long	Lever	351-1474	P500L-LT	
Leg	750ml	Short	Slide	299-6833	P750S	
Leg	750ml	Long	Slide	299-6809	P750L	
Night	2litre	120cm	Slide	313-7940	P2000 (£12.04 for box of 10 drainable tap)	
Night	2litre	120cm	Lever	351-1458	P2000LT (£12.04 for ten) sterile non return valve	

See www.ggcprescribing.org.uk for links to all GGC formularies and prescribing information

UROSHEATH			
ceiling cost £48.00 per box 30or £1.60 each			
PROSYS FLOFIT UROSHEATH Self adhesive silicone Clinisupplies Ltd £46.70 /30 per box £1.55 each			
Standard	24mm	PSS24STD/B	
	28mm	PSS28STD/B	
	31mm	PSS31STD/B	
	35mm	PSS35STD/B	
	40mm	PSS40STD/B	
Pop On	24mm	PSS24POPON/B	
	28mm	PSS28POPON/B	
	31mm	PSS31POPON/B	
	35mm	PSS35POPON/B	
	40mm	PSS40POPON/B	
Wide Band	24mm	PSS24WIDEBD/B	
	28mm	PSS28WIDEBD/B	
	31mm	PSS31WIDEBD/B	
	35mm	PSS35WIDEBD/B	
	40mm	PSS40WIDEBD/B	
P-SURE SHEATH - Manfred Sauer Ltd £48.34/box 30			
£1.58 each			
Sheath size	Diameter (mm)	PIP CODE	PRODUCT CODE
Small	20	290.2856	97.20
Small	22	290.2864	97.22
Small	24	290.2872	97.24
Medium	26	290.2880	97.26
Medium	28	290.2898	97.28
Medium	30	290.2906	97.30
Large	32	290.2914	97.32
Large	35	290.2922	97.35
Large	37	290.2930	97.37
Extra large	40	290.2948	97.40