

Formulary Update

January 2025

The following changes to the [Adult Medicines Formulary](#) have been agreed during the ADTC or sub-committee meetings since November 2024. Additions and deletions of medicines are based on submitted formulary appeals, new drug assessment requests or formulary section reviews. Changes in preferred brands are based on decisions by Prescribing Management Groups.

ADTC decisions relating to SMC assessments are published in alternate months and can be accessed [here](#)

Deletions	Indication	Adult Medicines Formulary entry/ rationale	
Lidocaine patches	Local anaesthesia	15.2	Formulary change request

Additions	Indication	Adult Medicines Formulary entry/ rationale	
Cetraben lotion	Emollient option for bath/shower	13.2.6	Formulary section review
Dermatonics Once Heel Balm	Emollient urea-containing	13.2.8	Formulary section review
Hydromol Bath and shower	Emollient	13.2.6	Formulary section review
Hydromol intensive cream	Emollient urea-containing	13.2.8	Formulary section review
ImuDERM	Emollient urea-containing	13.2.8	Formulary section review
Paravit-Mod	Multivitamin supplementation for cystic fibrosis patients with reduced requirements of vitamin A & E	9.6.7	Formulary change request
Zeroderm ointment	Emollient	13.2.2	Formulary section review
Zeroveen cream	Emollient	13.2.1	Formulary section review

Changes in preferred medicines or brand	New preferred medicines or brand	Adult Medicines Formulary entry / rationale	
Lansoprazole dispersible	Preferred dispersible proton pump inhibitor on advice of specialists when patients need medicine administration via enteral feeding tubes.	1.3.5	Formulary change request
Zerobase cream	Now 1 st line Preferred List light emollient.	13.2.1	Formulary section review

Other changes	Changes made	Adult Medicines Formulary entry/ rationale	
Pimecrolimus/ tacrolimus	Removal of prescriber restriction; can now be started in primary care by prescribers specialised in atopic dermatitis	13.5.3	Formulary change request
Prednisolone	New prescribing notes added: 'Please note that dispersible prednisolone tablets are significantly more	1.5.2, 3.3.2, 6.3.2	

expensive than standard oral tablets or the oral solution.[December 2024]'