

NHSGGC Oral and Enteral Nutrition Formulary (Adults and Older Children)

Always consider the most clinically appropriate and cost-effective product when recommending Oral Nutritional Supplement (ONS). Patients **must** meet at least one ACBS indication to be eligible for an NHS prescription for these products. ACBS indications vary for different products, therefore it is sensible to consult the English Drug Tariff which has a definitive list of ACBS indications and specifies indications for each ONS product. This can be found here: [Drug Tariff](#) [Last accessed Feb 2019]. Additional local indications are described in table below. For advice on product selection contact the prescribing support dietetic team on 0141 201 6012 / presupdiet@ggc.scot.nhs.uk

The International Dysphagia Diet Standardisation Initiative (IDDSI) is a standardised way to name and describe texture modified foods and thickened liquids for people with dysphagia. For patients who meet ACBS indication(s) for ONS and require fluids at IDDSI levels 1, 2 or 3, select the most clinically appropriate and cost-effective product AND ensure that the patients nutritional requirements and the nutritional profile of the ONS are taken into account. For Abbott and Fresenius ONS products the IDDSI level is based on company information October 2019, click here for [Abbott information](#) and here for [Fresenius information](#). IDDSI is a framework and not intended to replace clinical decision making regarding suitability of ONS, this is the responsibility of the healthcare professional. As detailed in the company information the listed IDDSI levels were assigned to ONS products at the temperatures specified. Therefore there may be variation in products served at other temperatures e.g. from the fridge. Some liquids may be thicker when chilled. Patients assessed by Speech and Language Therapy (SLT) and recommended IDDSI level 1 fluid or above may manage thicker ONS products if they are taking IDDSI level 3 or above diet e.g. someone on IDDSI Level 1 fluids and IDDSI level 3 diet may manage IDDSI level 2 or 3 ONS. If a patient has been assessed by SLT to have fluids only and no diet, it is only safe for them to have fluids/ONS at IDDSI level recommended by SLT and products of a thicker IDDSI level are inappropriate.

Coding: # limit to 1 sachet per day unless recommended by a dietitian | RTU Ready to Use | ♦ Specialist/ dietetic initiation only | ■ Specialist secondary care initiation | ** for bolus feed only | ♦♦ Specialist/SLT initiation only | N/A not available | Δ Abbott IDDSI descriptor

Oral Nutritional Supplements (ONS)	In addition to ACBS indications	Unit	Kcal	Protein (g)	IDDSI Level
Preferred List First Line – powdered products					
Ensure® Shake #	Use unless patient/carer unable to prepare powdered ONS	57g	389	16.8	0 Δ
SLO® Milkshake + IDDSI 2 ♦	Level 2 fluids are required, use unless patient/carer unable to prepare powdered ONS	50g	334	24.2	2
SLO® Milkshake + IDDSI 3 ♦	Level 3 fluids are required, Use unless patient/carer unable to prepare powdered ONS	50g	334	24.2	3
Preferred List First Line - Ready to Use products (RTU)					
Ensure® Plus Milkshake Style	1 st line for inpatient setting	200ml	300	12.4	0 Δ
Ensure® Compact OR	1 st line for inpatient setting/low volume required	125ml	300	13	2 Δ
Fortisip® Compact neutral only	1 st line for inpatient setting/low volume & neutral flavour required	125ml	300	12	N/A#

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

NHSGGC Oral and Enteral Nutrition Formulary (Adults and Older Children)

Preferred List Second Line					
Ensure® Plus Juce Style	RTU product required and dislikes milk and yoghurt	220ml	330	10.6	1 Δ
Ensure® Plus Yoghurt Style	RTU product required and dislikes milk	200ml	300	12.5	0 Δ
Fresubin® 3.2 kcal ♦	High calorie and protein and low volume required	125ml	400	20	3
Oral Nutritional Supplements (ONS)	In addition to ACBS indications	Unit	Kcal	Protein (g)	IDDSI Level
Total Formulary – Specialist Products					
Elemental 028® Extra ♦	Patients with tolerance malabsorption issues	100g 250ml	443 215	12.5 6.3	N/A N/A
Ensure® Plus Fibre ♦	Fibre requirements cannot be met through food	200ml	310	13	1 Δ
Fortisip® Compact Protein ♦	High calorie and protein in a low volume required	125ml	300	18	N/A
Fortisip® Extra ♦	High levels of micronutrients required	200ml	318	19.6	
Modulen IBD® ♦	Patients with Inflammatory Bowel Disease	400g	2000	72	N/A
Total Formulary – Specialist Products (continued)					
Nepro® HP ♦	Patients with renal disease	220ml	396	17.8	N/A
Nutilis® Complete Drink Level 3 ♦	Level 3 fluids and a RTU product is required	125ml	306	12	3
Vital 1.5kcal ♦	Patients with tolerance / malabsorption issues	200ml	300	13.5	N/A
Thickening Agents	In addition to ACBS indications	Unit			
Preferred List First Line					
Nutilis® Clear ♦♦	Patient who require thickened fluids	175g			
Nutilis® Clear ♦♦	Patient who require thickened fluids	1.25g x 50			
Preferred List Second Line					
Thick and Easy® Original ♦♦	Patient who require thickened fluids and did not tolerate Nutilis® Clear	225g			
Fibre Supplements	In addition to ACBS indications	Unit			
Total Formulary					
Optifibre® Powder ♦	Patients who require additional fibre	250g			
Optifibre® Powder ♦	Patients who require additional fibre	5g x 16			

All other prescribable items are considered **NON FORMULARY**. If a non formulary item is required, justification for the product selection must be recorded in the dietetic record of care, shared in writing with the prescriber and the prescribing support dietetic team.

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

NHSGGC Oral and Enteral Nutrition Formulary (Adults and Older Children)

Enteral Feed Products	In addition to ACBS indications	Unit	Kcal	Protein (g)
Preferred List				
Fortisip[®] Bottle ♦ **	For bolus feeding use only	200ml bottle	300	12
Fortisip Compact Fibre ♦ **	For bolus feeding use only	125ml bottle	300	11.8
Nutrison[®] ♦	Ready to hang Enteral feed 1Kcal/ml	500ml pack 1000ml pack 1500ml pack	500 1000 1500	20 40 60
Nutrison[®] Concentrated ■	Ready to hang Enteral feed which is 2kcal/ml. Not ACBS approved for use in community	500ml pack	1000	37.5
Nutrison[®] Energy ♦	Ready to hang Enteral feed 1.5Kcal/ml	500ml pack 1000ml pack 1500ml pack	750 1500 2250	30 60 90
Nutrison[®] Energy Multifibre♦	Ready to hang Enteral feed 1.5Kcal/ml containing fibre	500ml pack 1000ml pack 1500ml pack	765 1530 2295	30 60 90
Nutrison[®] Energy Multifibre Vanilla ♦ **	For bolus feeding use only	200ml bottle	308	12
Nutrison[®] Low Sodium ■	Ready to hang Enteral feed which is low in sodium. Not ACBS approved for use in community	1000ml pack	1000	40
Nutrison[®] MCT ♦	Ready to hang Enteral feed with MCT	1000ml pack	1000	50
Nutrison[®] Multifibre ♦	Ready to hang Enteral feed 1Kcal/ml containing fibre	500ml pack 1000ml pack 1500ml pack	515 1030 1545	20 40 60
Nutrison[®] Peptisorb ♦	Ready to hang Enteral feed. Peptide based 1Kcal/ml	500ml pack 1000ml pack	500 1000	20 40
Nutrison[®] Peptisorb Plus HEHP ♦	Ready to hang Enteral feed. Peptide based 1.5kcal/ml and high in protein	500ml pack 1000ml pack	750 1500	37.5 75

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

NHSGGC Oral and Enteral Nutrition Formulary (Adults and Older Children)

Enteral feed Products (continued)	In addition to ACBS indications	Unit	Kcal	Protein (g)
Preferred List				
Nutrison® Protein Plus ♦	Ready to hang Enteral feed which is high in protein	1000ml pack	1250	63
Nutrison® Protein Plus Energy ♦	Ready to hang Enteral feed 1.5kcal/ml and high in protein	500ml pack 1000ml pack	750 1500	37.5 75
Nutrison® Protein Plus Multifibre ♦	Ready to hang Enteral feed which is high in protein and contains fibre	1000ml pack	1280	63
Nutrison® Soya ♦	Ready to Hang Enteral feed 1Kcal/ml (milk protein free)	500ml bottle 1000ml pack	500 1000	20 40
Nutrison® Soya Multifibre ♦	Ready to Hang Enteral feed 1Kcal/ml containing fibre (milk protein free)	1500ml pack	1545	60
Nutrison® 800 Complete Multifibre ♦	Ready to Hang Enteral feed nutritionally complete in 830kcal/1000ml	1000ml pack	830	55
Nutrison® 1000 Complete Multifibre ♦	Ready to Hang Enteral feed nutritionally complete in 1040kcal/1000ml	1000ml pack	1040	55
Nutrison® 1200 Complete Multifibre ♦	Ready to Hang Enteral feed nutritionally complete in 1240kcal/1000ml	1000ml pack 1500ml pack	1240 1860	55 82.5
Total Formulary (Specialist Products)				
Nepro® HP ♦	Patients with renal disease	500ml pack	900	40.5
Perative® ♦	Patients with tolerance/ malabsorption issues	500ml pack 1000ml pack	655 1310	33.5 67
TwoCal® 2.0kcal ♦	Patients with tolerance/ malabsorption issues	1000ml pack	2000	84
Vital 1.5kcal ♦	Patients with tolerance/ malabsorption issues	1000ml pack	1500	67.5

Please note, Nutrison Sterile Water (1000ml bag) delivered by Homeward to patients receiving Home Enteral Feeding should only be requested in exceptional circumstances e.g. for patients with neutropenia, the cost is £1.74 per bag.

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

ORAL NUTRITIONAL SUPPLEMENTS (ONS)

PREFERRED LIST First Line – powdered products

Nutritional supplements: 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year; use with caution in child 1- 5 years unless otherwise stated

Limit to 1 sachet per day unless recommended by a dietitian

Ensure® Shake (Abbott)

Sachet: 57g Presentation 7 sachets per pack. Banana, chocolate, strawberry, vanilla

Powder 57g reconstituted with 200ml whole milk provides: protein 17g, carbohydrate 43.2g, fat 16.6g, energy 1626kJ (389 kcal)

Gluten Free. Residual lactose

Nutritional Supplement in the dietary management of dysphagia. Not suitable for children under 3 years.

SLO® Milkshake+ IDDSI 2 (Slo® Drinks Ltd)

A pre-thickened, powdered, protein rich milkshake for those with dysphagia (difficulty swallowing).

Sachet: 50gx7 sachets per pack. Chocolate, strawberry. Powder 50g reconstituted with 200ml whole milk provides: protein 24.2g, carbohydrate 34.9g, fat 10.6g, energy 1388.5kJ (333.5kcal)

Carbohydrate content varies with flavour and chosen consistency. Xanthan Gum should not be taken if the drinker is pregnant or breast-feeding, has appendicitis, has narrowing of intestines, a bowel blockage or scheduled for surgery within 2 weeks of drinking. It can cause flatulence or bloating.

Nutritional Supplement in the dietary management of dysphagia. Not suitable for children under 3 years.

SLO® Milkshake+ IDDSI 3 (Slo® Drinks Ltd)

A pre-thickened, powdered, protein rich milkshake for those with dysphagia (difficulty swallowing).

Sachet: 50gx7 sachets per pack. Chocolate, strawberry. Powder 50g reconstituted with 200ml whole milk provides: protein 24.2g, carbohydrate 34.9g, fat 10.6g, energy 1388.5kJ (333.5kcal)

Carbohydrate content varies with flavour and chosen consistency. Xanthan Gum should not be taken if the drinker is pregnant or breast-feeding, has appendicitis, has narrowing of intestines, a bowel blockage or scheduled for surgery within 2 weeks of drinking. It can cause flatulence or bloating.

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

PREFERRED LIST First Line Ready to Use products (RTU)

Nutritional supplements: 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year; use with caution in child 1- 5 years unless otherwise stated

Ensure[®] Plus (Milkshake style) (Abbott)

Bottle: 200ml. Banana, chocolate, coffee, fruits of the forest, peach, raspberry, strawberry, vanilla, neutral (200ml = 300kcal) - A milk-based supplement. Best served chilled. Gluten Free. Residual lactose.

Nutritional supplements: More than 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year; use with caution in child 1- 5 years unless otherwise stated

Ensure[®] Compact (Abbott)

Bottle: 125ml. Presentation 4 x 125ml bottles (500ml). Banana, strawberry, vanilla, café latte. (125ml=300kcal) – A milk-based supplement. Best served chilled. Gluten Free. Residual lactose

Nutritional supplements: More than 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year; use with caution in child 1-5 years unless otherwise stated

Fortisip[®] Compact (Nutricia)

Bottle: 125ml. Presentation 4 x 125ml (500ml). **Neutral only** (125ml=300kcal) – A milk-based supplement. Best served chilled. Residual lactose. Gluten Free.

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

ORAL NUTRITIONAL SUPPLEMENTS (ONS)

PREFERRED LIST Second Line

Nutritional supplements: More than 1kcal/ml and less than 5g protein/100ml

Not suitable for use in child under 1 year; use with caution in child 1-5 years unless otherwise stated

Ensure® Plus Juce (Abbott)

Bottle: 220ml. Apple, fruit punch, lemon-lime, orange, peach, strawberry

(220ml = 330kcal) - A juice-based supplement. Non milk taste, not milk free. Gluten Free. Residual lactose. If milk free is required seek dietetic advice.

Nutritional supplements: 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year; use with caution in child 1-5 years unless otherwise stated

Ensure® Plus Yoghurt Style (Abbott)

Bottle: 200ml. Orchard peach, strawberry swirl

Best served chilled. Gluten Free. Residual lactose.

Nutritional supplements: More than 1.5kcal/ml and 5g (or more) protein/100ml

Fresubin® 3.2kcal (Fresenius Kabi) ♦ Specialist/ dietetic initiation only

Bottle: 125ml (4x125ml pack) Mango, Hazelnut, Vanilla-Caramel

(125ml = 400kcal) Gluten free and lactose free.

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

ORAL NUTRITIONAL SUPPLEMENTS (ONS)

TOTAL FORMULARY – Specialist products

Enteral feeds: Less than 1 kcal/ml and less than 5g protein/100 ml.
Amino acid formula (essential and non-essential amino acids)
Not suitable for use in child under 1 year and not recommended for child 1-6 years

Elemental 028[®] Extra (Nutricia) ♦ Specialist/ dietetic initiation only
Sachet: 100g. Banana, orange, unflavoured. Amino acid formula.
Standard dilution 89kcal per 100ml. Powder provides equivalent 12.5g, carbohydrate 59g, fat 17.45g, energy 1871kJ(443kcal)/100g

Enteral feeds: Less than 1 kcal/ml and less than 5g protein/100 ml.
Amino acid formula (essential and non-essential amino acids)
Not suitable for use in child under 1 year and not recommended for child 1-6 years

Elemental 028[®] Extra (Nutricia) ♦ Specialist/ dietetic initiation only
Tetrapak: 250ml. Grapefruit, orange & pineapple, summer fruits. Amino acid formula.
(250ml = 215 kcal)

Nutritional supplements: 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year; use with caution in child 1-5 years unless otherwise stated

Ensure[®] Plus Fibre (Abbott) ♦ Specialist/ dietetic initiation only
Bottle: 200ml. Banana, chocolate, raspberry, strawberry, vanilla
(200ml=310Kcal) – A milk-based supplement with added fibre
Best served chilled. Gluten Free. Residual lactose.

Nutritional supplements: More than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for child under 1 year, use with caution in child 1-5 years

Fortisip[®] Compact Protein (Nutricia) ♦ Specialist/ dietetic initiation only
Bottle: 125ml. Presentation 4 x 125ml bottles (500ml) Banana, mocha, strawberry, vanilla. Gluten Free.
(125 ml = 300kcal, 18g protein) – A milk-based supplement. Gluten Free. Residual Lactose.

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

Nutritional supplements: More than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for child under 1 year, use with caution in child 1-5 years

Fortisip® Extra (Nutricia) ♦ Specialist/ dietetic initiation only

Bottle: 125ml. Chocolate, mocha, strawberry, vanilla.

(200 ml = 320kcal, 20g protein) - A milk-based supplement. Gluten Free. Residual Lactose.

Specialised formulas for specific clinical conditions – Crohn's disease active phase, and in remission if malnourished

Modulen IBD® (Nestle) ♦ Specialist/ dietetic initiation only

Tin: 400g. Unflavoured Gluten Free. Residual lactose.

(Standard dilution 100kcal per 100ml) Powder provides: protein 18g, carbohydrate 54g, fat23g, energy 2070kJ(500kcal)/100g

Specialised formulas for specific clinical conditions

Not suitable for use in child under 1 year. Use with caution in child 1-5 years

Nepro® HP (Abbott) ♦ Specialist/ dietetic initiation only

Bottle: 220ml. Strawberry, vanilla.

(220ml = 396kcal, 17.8g protein)

Nutritional supplements: More than 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for children under 3 years of age. Not suitable for patients with galactosaemia. Not suitable for patients requiring a fibre free diet.

Nutlis® Complete Drink Level 3 ♦ Specialist/ dietetic initiation only

Bottle: 125ml (4x125ml) Chocolate, Lemon Tea, Mango, Passion Fruit, Strawberry, Vanilla

Nutlis Complete Drink Level 3 is a pre-thickened, nutritionally complete*, high energy (2.45kcal/ml), ready to drink, milkshake style nutritional supplement, containing 4g fibre per bottle, for the dietary management of disease related malnutrition and dysphagia. Nutlis Complete Drink Level 3 is suitable for patients with swallowing difficulties requiring a Level 3 consistency.

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

Enteral feeds: 1.5 kcal/ml and 5g (or more) protein/100 ml
Not recommended for use in children.

Vital 1.5 kcal (Abbott) ♦ Specialist/ dietetic initiation only
Bottle: 200ml. Vanilla, Mixed Berry, Café Late. Gluten Free. Residual lactose.
(200ml = 300kcal)

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

THICKENING AGENTS

PREFERRED LIST

Feed thickeners and pre-thickened drinks
Not suitable for use in child under 3 years

Nutlis[®] Clear (Nutricia) ♦♦ Specialist/SLT initiation only
Tin: 175g powder

Feed thickeners and pre-thickened drinks
Not suitable for use in child under 3 years

Nutlis[®] Clear (Nutricia) ♦♦ Specialist/SLT initiation only
Sachets: 1.25g powder Presentation 50 x 1.25g

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

THICKENING AGENTS

TOTAL FORMULARY

Feed thickeners and pre-thickened drinks
Not suitable for use in child under 1 years

Thick & Easy® Original (Fresenius Kabi) ♦♦ Specialist/SLT initiation only
Tin: 225g powder

FIBRE SUPPLEMENTS

TOTAL FORMULARY

Fibre, vitamin, and mineral supplements
High-fibre supplements
Not suitable for child under 5 years

Optifibre® Powder (Nestle) ♦ Specialist/ dietetic initiation only
Sachets: 5g x16, Tin: 250g
(100g = 76kcal, 78g fibre). Gluten Free. Lactose Free.

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

ENTERAL FEED PRODUCTS

PREFERRED LIST

Nutritional supplements: 1.5 kcal/ml and 5g (or more) protein/100 ml
Not suitable for use in child under 3 years, not recommended for child 3-6 years

Fortisip® Bottle (Nutricia) ♦ Specialist/ dietetic initiation only ** for bolus feeding only
Bottle: 200ml. Banana, caramel, chocolate, neutral, orange, strawberry, tropical, vanilla
(200ml = 300kcal) - A milk-based supplement. Gluten Free. Residual Lactose.

Nutritional supplements: 1.5 kcal/ml and 5g (or more) protein/100 ml
Not suitable for use in child under 3 years, not recommended for child 3-6 years

Fortisip® Compact Fibre (Nutricia) ♦ Specialist/ dietetic initiation only ** for bolus feeding only
Bottle: 125ml. Vanilla, mocha, strawberry
(125ml = 300kcal) - A milk-based supplement. Gluten Free. Residual Lactose.

Enteral feeds: 1 kcal/ml and less than 5g protein/100 ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

Nutrison® (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 500ml, 1000ml, 1500ml
(100ml = 100kcal). Gluten Free. Lactose free. Fibre free.

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

Enteral feeds: More than 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for infants. Not suitable for patients with galactosaemia. Use with caution for children 1-6 years.

Nutrison® Concentrated (Nutricia) ■ Specialist secondary care initiation only

Flexible pack: 500ml (100ml = 200kcal)

Nutrison Concentrated is a 2kcal/ml energy dense tube feed for the dietary management of disease related malnutrition in patients who require fluid restriction.

Nutrison Concentrated is nutritionally complete in 1500kcal. Gluten, Lactose and Fibre free.

Enteral feeds: 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year. Not recommended for child 1-6 years

Nutrison® Energy (Nutricia) ♦ Specialist/ dietetic initiation only

Flexible pack: 500ml, 1000ml, 1500ml

(100ml= 150kcal). Gluten Free and Fibre Free. Residual Lactose.

Enteral feeds: 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year. Not recommended for child 1-6 years

Nutrison® Energy Multifibre Vanilla (Nutricia) ♦ Specialist/ dietetic initiation only

Bottle: 200ml ** for bolus feeding only

(100ml= 154kcal). Gluten Free. Residual Lactose.

Enteral feeds: 1 kcal/ml and less than 5g protein/100 ml

Not suitable for infants. Not suitable for patients with galactosaemia. Use with caution in children aged 1-6 years.

Nutrison® Low Sodium (Nutricia) ■ Specialist secondary care initiation only

Flexible pack: 1000ml (100ml = 100kcal) Nutrison Low Sodium is a 1kcal/ml tube feed for the dietary management of patients requiring a low sodium diet. Nutrison

Low Sodium is nutritionally complete in 1500kcal. Gluten, Lactose and Fibre Free.

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

Nutrison® MCT (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 1000ml
(100ml= 100kcal). 61% MCT. Gluten Free. Residual Lactose. Fibre Free.

Enteral feeds: 1 kcal/ml and less than 5g protein/100 ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

Nutrison® Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 500ml, 1000ml, 1500ml
(100ml= 103kcal). Gluten Free. Lactose free.

Enteral feeds: 1 kcal/ml and less than 5g protein/100ml
Peptide-based formula
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

Nutrison® Peptisorb (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 500ml, 1000ml
(100ml= 100kcal). Gluten Free. Fibre Free. Residual Lactose.

Enteral feeds: 1.5 kcal/ml and 5g (or more) protein/100ml
Peptide-based formula

Use with caution in children aged 1-6 years

Nutrison® Peptisorb Plus HEHP (Nutricia) ♦ Specialist/ dietetic initiation only
Op Trip Bottle: 500ml, 1000ml
(100ml= 150kcal).

Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year. Not recommended for child 1-6 years

Nutrison® Protein Plus (Nutricia) ♦ Specialist/ dietetic initiation only

Flexible pack: 1000ml

(100ml = 125kcal). Gluten Free. Residual Lactose.

Enteral feeds: 1.5 kcal/ml and 5g (or more) protein/100ml

Use with caution in children aged 1-6 years

Nutrison® Protein Plus Energy (Nutricia) ♦ Specialist/ dietetic initiation only

Op Trip Bottle: 500ml, 1000ml

(100ml = 150kcal)

Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year. Not recommended for child 1-6 years

Nutrison® Protein Plus Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only

Flexible pack: 1000ml

(100ml = 128kcal). Gluten Free. Residual Lactose.

Enteral feeds: 1 kcal/ml and less than 5g protein/100ml

Soya protein formula

Not suitable for use in child under 1 year. Not recommended for child 1-6 years

Nutrison® Soya (Nutricia) ♦ Specialist/ dietetic initiation only

Plastic Bottle: 500ml. Flexible pack: 1000ml

(100ml = 100kcal). Gluten Free. Residual lactose. Milk protein and fibre free.

Enteral feeds: 1 kcal/ml and less than 5g protein/100ml> Soya protein formula
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

Nutrison® Soya Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 1500ml
(100ml= 103kcal). Gluten Free. Residual Lactose and Milk protein free.

Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year. Not suitable for child under 6years. Not recommended for child 6-12 years

Nutrison® 800 Complete Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 1000ml
(100ml= 83kcal). Gluten Free. Residual Lactose. Contains Fish Oil

Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years.

Nutrison® 1000 Complete Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 1000ml
(100ml= 104kcal). Gluten Free. Residual lactose

Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years. Use with caution up to 12 years.

Nutrison® 1200 Complete Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 1000ml, 1500ml
(100ml= 124kcal). Gluten Free. Residual Lactose

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021

ENTERAL FEEDS - TOTAL FORMULARY

Specialised formulas for specific clinical conditions

Not suitable for child under 1 year. Use with caution in children 1-5 years

Nepro® HP (Abbott) ♦ Specialist/ dietetic initiation only

Flexible pack: 500ml

(100ml = 200kcal). Gluten Free. Residual lactose.

Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for children under 5 years.

Perative® (Abbott) ♦ Specialist/ dietetic initiation only

Flexible pack: 500ml, 1000ml

(100ml = 131kcal). Gluten Free. Residual Lactose.

Enteral feeds: More than 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year. Not recommended for child 1-6 years

TwoCal® (Abbott) ♦ Specialist/ dietetic initiation only

Flexible Pack: 1000ml

(100ml = 200kcal). Gluten Free. Residual Lactose.

Enteral feeds: 1.5 kcal/ml and 5g (or more) protein/100ml

Not recommended for use in children

Vital 1.5 kcal (Abbott) ♦ Specialist/ dietetic initiation only

Flexible Pack: 1000ml

(100ml = 150kcal). Gluten Free. Residual Lactose.

“Important: Only the version of this document available from www.ggcprescribing.org.uk is maintained. Any printed copies should be viewed as ‘uncontrolled’ and may not necessarily contain the latest updates”

Ratified by Therapeutics Sub Committee of the ADTC May 2019, updated July 2020. Review Date May 2021