

Notes

Always consider the most clinically appropriate and cost-effective product when recommending Oral Nutritional Supplement (ONS). Patients must meet at least one ACBS indication to be eligible for an NHS prescription for these products. ACBS indications vary for different products, therefore it is sensible to consult the English Drug Tariff which has a definitive list of ACBS indications and specifies indications for each ONS product. This can be found here: [Drug Tariff](#) . Additional local indications are described in table below. For advice on product selection contact the prescribing support dietetic team on 0141 201 6012 / ggc.prescribingsupportdieticians@nhs.scot

The International Dysphagia Diet Standardisation Initiative (IDDSI) is a standardised way to name and describe texture modified foods and thickened liquids for people with dysphagia. For patients who meet ACBS indication(s) for ONS and require fluids at IDDSI levels 1, 2 or 3, select the most clinically appropriate and cost-effective product AND ensure that the patients nutritional requirements and the nutritional profile of the ONS are taken into account. IDDSI is a framework and not intended to replace clinical decision making regarding suitability of ONS, this is the responsibility of the healthcare professional. The company information on the listed IDDSI levels were assigned to ONS products at the temperatures specified and there is variation in some products when served at different temperatures, this is detailed on the companies websites. Some liquids may be thicker when chilled. Patients assessed by Speech and Language Therapy (SLT) and recommended IDDSI level 1 fluid or above may manage thicker ONS products if they are taking IDDSI level 3 or above diet e.g. someone on IDDSI Level 1 fluids and IDDSI level 3 diet may manage IDDSI level 2 or 3 ONS. If a patient has been assessed by SLT to have fluids only and no diet, it is only safe for them to have fluids/ONS at IDDSI level recommended by SLT and products of a thicker IDDSI level are inappropriate.



Reference
The International Dysphagia Diet
Standardisation Initiative (2019) Available:
<https://iddsi.org/framework/>

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NHSGGC Oral and Enteral Nutrition Formulary (Adults and Older Children)

Oral Nutritional Supplements (ONS)	In addition to ACBS indications	Unit	Kcal	Protein (g)	IDDSI Level at Warm Room Temp
Preferred List First Line – Powdered products – For community use					
Ensure® Shake #	Use unless patient/carer unable to prepare powdered ONS Nutritional values and IDDSI levels based on 200ml whole milk added to 1 sachet	57g	386	17	0
Ensure® Shake # (made as a compact version)	Use unless patient/carer unable to prepare powdered ONS Nutritional values and IDDSI levels based on 100ml whole milk added to 1 sachet	57g	320	14	1
Actasolve® Smoothie #	Only for Vegan patients requiring ONS. Mixes with 150ml water	66g	298	10.7	2
Preferred List First Line - Ready to Use products (RTU)					
Altraplen® Energy	For use in community setting	200ml	300	12	1
Altraplen® Compact Daily #	For use in community setting, where low volume is required	250ml	600	24	2
Ensure® Plus (Milkshake Style)	1 st line for inpatient setting	200ml	300	12.4	0
Ensure® Compact	1 st line for inpatient setting/low volume required	125ml	300	13	1
Fortisip® Compact neutral only	1 st line for inpatient setting/low volume & neutral flavour required	125ml	300	12	N/A
Fresubin® Pro Compact ♦	1 st line for inpatient setting, IDDSI level 2 required	125ml	300	18	2

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Preferred List Second Line					
Fortijuce®	RTU product required and dislikes milk	200ml	300	7.8	N/A
Ensure® Plus Juice	2 nd line RTU for inpatient setting only	220ml	330	10.6	0
Fresubin® 3.2 kcal ♦	High calorie and protein and low volume required or IDDSI level 3 required	125ml	400	20	3

Total Formulary – Specialist Products – For in-patients and community use

Elemental 028® Extra ♦	Patients with tolerance malabsorption issues	100g 250ml	443 215	12.5 6.3	N/A N/A
Ensure® Plus Fibre ♦	Fibre requirements cannot be met through food	200ml	310	13	1
Fortisip® Compact Protein ♦	High calorie and protein in a low volume required	125ml	300	18	N/A
Fortisip® Plantbased 1.5kcal ♦	Only for Vegan patients requiring RTU ONS	200ml	300	12	N/A
Modulen IBD® ♦	Patients with Inflammatory Bowel Disease	400g	2000	72	N/A
Nepro® HP ♦	Patients with renal disease	220ml	396	17.8	N/A
Nutlis® Complete Drink Level 3 ♦	Level 3 fluids and a RTU product is required	125ml	306	12	3
Vital® 1.5kcal ♦	Patients with tolerance / malabsorption issues	200ml	300	13.5	0

Thickening Agents	In addition to ACBS indications	Unit
Preferred List First Line		
Nutlis® Clear ♦♦	Patient who require thickened fluids	175g
Nutlis® Clear ♦♦	Patient who require thickened fluids	1.25g x 50
Preferred List Second Line		
Thick and Easy® Original ♦♦	Patient who require thickened fluids and did not tolerate Nutlis® Clear	225g

Fibre Supplements	In addition to ACBS indications	Unit
Total Formulary		
Optifibre® Powder ♦	Patients who require additional fibre	250g
Optifibre® Powder ♦	Patients who require additional fibre	5g x 16

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All other prescribable items are considered **NON FORMULARY**. If a non formulary item is required, justification for the product selection must be recorded in the dietetic record of care, shared in writing with the prescriber and the prescribing support dietetic team.

Enteral Feed Products	In addition to ACBS indications	Unit	Kcal	Protein (g)
Preferred List				
Fortisip® Bottle ♦ **	For bolus feeding use only	200ml bottle	300	12
Fortisip® Compact Fibre ♦ **	For bolus feeding use only	125ml bottle	300	11.8
Nutrison® Energy Multifibre Vanilla ♦ **	For bolus feeding use only	200ml bottle	308	12
Nutrison® ♦	Ready to hang Enteral feed 1Kcal/ml	500ml pack	500	20
		1000ml pack	1000	40
		1500ml pack	1500	60
Nutrison® Energy ♦	Ready to hang Enteral feed 1.5Kcal/ml	500ml pack	750	30
		1000ml pack	1500	60
		1500ml pack	2250	90
Nutrison® Energy Multifibre♦	Ready to hang Enteral feed 1.5Kcal/ml containing fibre	500ml pack	765	30
		1000ml pack	1530	60
		1500ml pack	2295	90
Nutrison® Low Sodium ■	Ready to hang Enteral feed which is low in sodium. Not ACBS approved for use in community	1000ml pack	1000	40
Nutrison® Multifibre ♦	Ready to hang Enteral feed 1Kcal/ml containing fibre	500ml pack	515	20
		1000ml pack	1030	40
		1500ml pack	1545	60

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Enteral feed Products (Preferred List continued)	In addition to ACBS indications	Unit	Kcal	Protein (g)
Nutrison® Peptisorb	Ready to hang Enteral feed. Peptide base 1Kcal/ml	500ml pack	500	20
Nutrison® Peptisorb Plus HEHP ♦	Ready to hang Enteral feed. Peptide based 1.5kcal/ml and high in protein	500ml pack 1000ml pack	750 1500	37.5 75
Nutrison® Protein Plus ♦	Ready to hang Enteral feed which is high in protein	500ml pack 1000ml pack	625 1250	31.5 63
Nutrison® Protein Plus Energy ♦	Ready to hang Enteral feed 1.5kcal/ml and high in protein	500ml pack 1000ml pack	750 1500	37.5 75
Nutrison® Protein Plus Multifibre ♦	Ready to hang Enteral feed which is high in protein and contains fibre	500ml pack 1000ml pack	640 1280	31.5 63
Nutrison® Plantbased Soya ♦	Ready to Hang Enteral feed 1Kcal/ml (milk protein free)	500ml bottle 1000ml pack	500 1000	20 40
Nutrison® Plantbased Soya Multifibre ♦	Ready to Hang Enteral feed 1Kcal/ml containing fibre (milk protein free)	1500ml pack	1545	60
Nutrison® 800 Complete Multifibre ♦	Ready to Hang Enteral feed nutritionally complete in 830kcal/1000ml	1000ml pack	830	55
Nutrison® 1000 Complete Multifibre ♦	Ready to Hang Enteral feed nutritionally complete in 1040kcal/1000ml	1000ml pack	1040	55
Nutrison® 1200 Complete Multifibre ♦	Ready to Hang Enteral feed nutritionally complete in 1240kcal/1000ml	1000ml pack 1500ml pack	1240 1860	55 82.5

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Total Formulary (Specialist Products)				
Nepro® HP ♦	Patients with renal disease	500ml pack	900	40.5
Perative® ♦	Patients with tolerance/ malabsorption issues	500ml pack	655	33.5
		1000ml pack	1310	67
TwoCal® 2.0kcal ♦	Patients with tolerance/ malabsorption issues	1000ml pack	2000	84
Vital® 1.5kcal ♦	Patients with tolerance/ malabsorption issues	1000ml pack	1500	67.5
Nutrison® PlantBased 2kcal HP MultiFibre♦	Ready to Hang Enteral feed 2Kcal/ml, patients who are vegan	500ml pack	1000	50 (soya protein, pea protein isolate)

Please note, Nutrison Sterile Water (1000ml bag) delivered by Homeward to patients receiving Home Enteral Feeding should only be requested in exceptional circumstances e.g. for patients with neutropenia.

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ORAL NUTRITIONAL SUPPLEMENTS (ONS)

PREFERRED LIST First Line – powdered products

Oral nutritional supplements: Standard feeds (powder): 1.4 - 1.6 kcal/ml milkshake

Not suitable for use in child under 1 year; not recommended for use in children

Limit to 1 sachet per day unless recommended by a dietitian

Ensure® Shake

Sachet: 57g Presentation 7 sachets per pack. Banana, Chocolate, Strawberry, Vanilla.

IDDSI levels vary based on volume of milk and across the flavours. Check company website for the most up to date information.

Powder 57 g reconstituted with 200 ml milk provides: protein 17.2 g, carbohydrate 43.2 g, fat 16.6 g, energy 1626kJ (389 kcal)

Powder 57 g reconstituted with 100 ml milk provides: protein 12.2 g, carbohydrate 39.7 g, fat 12.4 g, energy 1343 kJ (320 kcal)

Allergen Statement: Contains Lactose and soya. Gluten Free.

Oral nutritional supplements: Standard feeds (powder): 1.5 kcal/ml smoothie

Not suitable for use in child under 3 years; use with caution in child under 6 years

Actasolve® Smoothie (Aymes)

Sachet: 66g Presentation 7 sachets per pack. Mango, Peach, Pineapple & Strawberry & Cranberry. It is recommended to reconstitute with 150ml water = 298kcal, 10.7g protein.

Allergen Statement: Contains Soya. May contain Egg, Milk, Celery, Mustard, Sulphites. Gluten Free, suitable for Vegans.

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PREFERRED LIST First Line Ready to Use products (RTU)

Oral nutritional supplements: Standard feeds (ready to serve):1.5 kcal/ml milkshake
Not suitable for use in child under 3 years; not recommended for child 3-6 years

Altraplen® Energy (Nualtra Ltd)

Bottle: 200ml. Banana, Chocolate, Strawberry, Vanilla
(200mls = 300kcal) – A milk-based supplement. Gluten-free. Best served chilled.

Oral nutritional supplements: Standard feeds (ready to serve):2.4 kcal/ml milkshake higher volume
Not suitable for use in child under 3 years; use with caution in child under 6 years

Altraplen® Compact Daily (Nualtra Ltd)

Bottle :250ml Banana, Vanilla, Strawberry, Hazel-Chocolate. Contains residual lactose, soya. Gluten-free
(250ml : 600kcal) Milk-based supplement. Best Served chilled.

Oral nutritional supplements: Standard feeds (ready to serve):1.5 kcal/ml milkshake
Not suitable for use in child under 1 year; use with caution in child 1- 5 years unless otherwise stated

Ensure® Plus (Milkshake style) (Abbott)

Bottle: 200ml. Banana, Chocolate, Coffee, Fruits of the Forest, Peach, Strawberry, Vanilla, Neutral
(200ml = 300kcal) - A milk-based supplement. Best served chilled. Contains residual lactose, soya. Gluten-free

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Oral nutritional supplements: Standard feeds (ready to serve): 2 - 2.4 kcal/ml milkshake lower volume
Not recommended for use in children

Ensure® Compact (Abbott)

Bottle: 125ml. Presentation 4 x 125ml bottles (500ml). Banana, Strawberry, Vanilla, Café latte.
(125ml=300kcal) – A milk-based supplement. Best served chilled. Contains lactose, soya. Gluten-free

Oral nutritional supplements: Standard feeds (ready to serve): 2 - 2.4 kcal/ml milkshake lower volume
Not suitable for use in child under 3 years; use with caution in child 3-6 years

Fortisip® Compact (Nutricia)

Bottle: 125ml. Presentation 4 x 125ml (500ml). **Neutral only**
(125ml=300kcal) – A milk-based supplement. Best served chilled. Residual lactose. Gluten Free.

Oral nutritional supplements: Standard feeds (ready to serve): 2.4 kcal/ml milkshake lower volume, higher protein
Not suitable for use in child under 7 years; use with caution in child under 10 years

Fresubin® Pro Compact (Nutricia)

Bottle: 125ml. Presentation 4 x 125mls (500mls) Vanilla, Cappuccino, Apricot-Peach
(125mls = 300kcal) - A milk-based supplement. Contains residual lactose, soya lecithin. Gluten-free. Best served chilled

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ORAL NUTRITIONAL SUPPLEMENTS (ONS)

PREFERRED LIST Second Line

Oral nutritional supplements: Standard feeds (ready to serve): 1.5 kcal/ml juice style
Not suitable for use in child under 1 year; not recommended for child 1–5 years

Fortijuce® (Nutricia)

Bottle: 200ml. Apple, Lemon, Orange, Strawberry, Tropical
(200ml = 300kcal) - A juice-based supplement. Non milk taste, not milk free. Gluten Free. Residual lactose.

Oral nutritional supplements: Standard feeds (ready to serve): 1.5 kcal/mL juice style
Not suitable for use in child under 1 year; not recommended for child 1–5 years

Ensure Plus Juce (Abbott)

Bottle: 220ml. Apple, Fruit Punch, Lemon and Lime, Orange, Peach and Strawberry
(220ml = 330kcal) Contains residual lactose. Gluten-free

Oral nutritional supplements: Standard feeds (ready to serve): 2.4 kcal/ml milkshake lower volume, higher protein
Not suitable for use in child under 3 years; use with caution in child under 6 years

Fresubin® 3.2kcal (Fresenius Kabi) ♦ Specialist/ dietetic initiation only

Bottle: 125ml (4x125ml pack) Mango, Hazelnut, Vanilla-Caramel, Cappuccino
(125ml = 400kcal) Contains residual lactose, soya lecithin. Gluten-free

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Total Formulary – Specialist Products – For in-patients and community use

Oral nutritional supplements: Impaired gastro-intestinal function or malabsorption (powder):4.4 kcal/g juice style
Not suitable for use in child under 1 year; use with caution in child under 5 years

Elemental 028® Extra (Nutricia) ♦ Specialist/ dietetic initiation only

Sachet: 100g. Banana, Orange, unflavoured. Amino acid formula.

Standard dilution 89kcal per 100ml. Powder provides equivalent 12.5g, carbohydrate 59g, fat 17.45g, energy 1871kJ(443kcal)/100g

Oral nutritional supplements: Impaired gastro-intestinal function or malabsorption (ready to serve):0.9 kcal/ml juice style
Not suitable for use in child under 1 year; not recommended for child 1–5 years

Elemental 028® Extra (Nutricia) ♦ Specialist/ dietetic initiation only

Tetrapak: 250ml. Grapefruit, Orange & Pineapple, Summer Fruits. Amino acid formula. Gluten-free, lactose-free
(250ml = 215 kcal)

Oral nutritional supplements: Standard feeds (ready to serve):1.5 - 1.6 kcal/ml milkshake with fibre
Not suitable for child under 1 year; not recommended for use in children

Ensure® Plus Fibre (Abbott) ♦ Specialist/ dietetic initiation only

Bottle: 200ml. Banana, Chocolate, Raspberry, Strawberry, Vanilla

(200ml=310Kcal) – A milk-based supplement with added fibre

Best served chilled. Gluten Free. Residual soya, lactose.

Oral nutritional supplements: Standard feeds (ready to serve):2.4 kcal/ml milkshake lower volume, higher protein
Not suitable for use in child under 6 years; use with caution in child 6-10 years

Fortisip® Compact Protein (Nutricia) ♦ Specialist/ dietetic initiation only

Bottle: 125ml. Presentation 4 x 125ml bottles (500ml) Banana, Mocha, Strawberry, Vanilla, Neutral, Peach-Mango, Berries, Cool red berries, Hot tropical ginger. Contains residual lactose, soya. Gluten-free

(125 ml = 300kcal, 18g protein) – A milk-based supplement.

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Oral nutritional supplements: Standard feeds (ready to serve):1.5 kcal/ml milkshake
Not suitable for children under 3 years. Use with caution in children over 3 years of age.

Fortisip® Plantbased 1.5kcal (Nutricia)

Bottle: 200ml Mango and Passion Fruit flavour.
200ml =300kcal, 12g protein. Plant based supplement.

Oral nutritional supplements: Impaired gastro-intestinal function or malabsorption (powder):5 kcal/g milkshake
Not suitable for use in child under 1 year; use with caution in child under 5 years

Modulen IBD® (Nestle) ♦ Specialist/ dietetic initiation only

Tin: 400g. Unflavoured Gluten Free. Residual lactose.
(Standard dilution 100kcal per 100ml) Powder provides: protein 18g, carbohydrate 54g, fat23g, energy 2070kJ (500kcal)/100g

Oral nutritional supplements: Renal failure (ready to serve):1.8 kcal/ml milkshake
Not suitable for use in children

Nepro® HP (Abbott) ♦ Specialist/ dietetic initiation only

Bottle: 220ml. Strawberry, Vanilla.
(220ml = 396kcal, 17.8g protein)

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Oral nutritional supplements: Dysphagia (ready to serve): 2.4 kcal/ml milkshake lower volume

Not suitable for use in child under 3 years; not recommended for child under 6 years. Not suitable if a fibre free diet required

Nutlis® Complete Drink Level 3 (Nutricia) ♦ Specialist/ dietetic initiation only

Bottle: 125ml (4x125ml) Chocolate, Lemon Tea, Mango, Passion Fruit, Strawberry, Vanilla. Contains residual lactose, soya. Gluten-free

Nutlis Complete Drink Level 3 is a pre-thickened, nutritionally complete*, high energy (2.45kcal/ml), ready to drink, milkshake style nutritional supplement, containing 4g fibre per bottle, for the dietary management of disease related malnutrition and dysphagia. Nutlis Complete Drink Level 3 is suitable for patients with swallowing difficulties requiring a Level 3 consistency.

Oral nutritional supplements: Impaired gastro-intestinal function or malabsorption (ready to serve): 1.5 kcal/ml milkshake higher protein, higher energy

Not recommended for use in children.

Vital® 1.5 kcal (Abbott) ♦ Specialist/ dietetic initiation only

Bottle: 200ml. Vanilla, Mixed Berry, Café Late. Gluten Free. Residual lactose.
(200ml = 300kcal)

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THICKENING AGENTS

PREFERRED LIST -First Line

Thickeners and pre-thickened drinks: Thickeners: gum based powder
For thickening of liquids or foods in dysphagia. Not suitable for use in child under 3 years.

Nutlis® Clear (Nutricia) ♦♦ Specialist/SLT initiation only
Tin: 175g powder

Thickeners and pre-thickened drinks: Thickeners: gum based powder
For thickening of liquids or foods in dysphagia. Not suitable for use in child under 3 years.

Nutlis® Clear (Nutricia) ♦♦ Specialist/SLT initiation only
Sachets: 1.25g powder Presentation 50 x 1.25g

THICKENING AGENTS

PREFERRED LIST -Second Line

Thickeners and pre-thickened drinks: Thickeners: starch based powder
For thickening of liquids or foods in dysphagia. Not suitable for use in child under 3 years

Thick & Easy® Original (Fresenius Kabi) ♦♦ Specialist/SLT initiation only
Tin: 225g powder. Gluten free. Lactose free.

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FIBRE SUPPLEMENTS

TOTAL FORMULARY

Energy, protein, and fibre fortifiers: Fibre fortifiers
Not suitable for use in child under 5 years

Optifibre® Powder (Nestle) ♦ Specialist/ dietetic initiation only
Sachets: 5g x16, Tin: 250g
(100g = 76kcal, 78g fibre). Contains residual lactose. Gluten-free

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ENTERAL FEED PRODUCTS – (for using as a tube feed)

PREFERRED LIST

Oral nutritional supplements: Standard feeds (ready to serve): 1.5 kcal/ml milkshake
Not suitable for use in child under 3 years

Fortisip® Bottle (Nutricia) ♦ Specialist/ dietetic initiation only ** for bolus feeding only
Bottle: 200ml. Banana, Caramel, Chocolate, Neutral, Orange, Strawberry, Tropical, Vanilla
(200ml= 300kcal) - A milk-based supplement. Gluten free. Residual Lactose, soya

Oral nutritional supplements: Standard feeds (ready to serve): 2 - 2.4 kcal/ml milkshake lower volume with fibre
Not suitable for use in child under 3 years; use with caution in child 3-6 years

Fortisip® Compact Fibre (Nutricia) ♦ Specialist/ dietetic initiation only ** for bolus feeding only
Bottle: 125ml. Vanilla, mocha, strawberry
(125ml = 300kcal) - A milk-based supplement. Gluten Free. Residual Lactose.

Tube feeds: Standard feeds: 1.5 to less than 2 kcal/mL with fibre
Not suitable for use in child under 3 years; not recommended for child under 6 years

Nutrison® Energy Multifibre Vanilla (Nutricia) ♦ Specialist/ dietetic initiation only
Bottle: 200ml ** for bolus feeding only
(100ml= 154kcal, 200mls = 308kcal). Gluten Free. Residual Lactose, soya.

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Tube feeds: Standard feeds: 1 to less than 1.5 kcal/ml
Not suitable for use in child under 3 years; use with caution in child over 3 years

Nutrison® (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 500ml, 1000ml, 1500ml
(100ml= 100kcal). Gluten Free. Lactose free. Fibre free.

Tube feeds: Standard feeds: 1.5 to less than 2 kcal/ml
Not suitable for use in child under 3 years; use with caution in child over 3 years

Nutrison® Energy (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 500ml, 1000ml, 1500ml. Contains fish oil, residual lactose, soya. Gluten-free
(100ml= 150kcal).

Tube feeds: Standard feeds: 1.5 to less than 2 kcal/ml with fibre
Not suitable for use in child under 3 years; not recommended for child under 6 years

Nutrison® Energy Multifibre(Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 500ml, 1000ml, 1500ml. Contains fish oil, residual lactose, soya. Gluten-free
(100ml= 150kcal).

Tube feeds: Standard feeds: 1 to less than 1.5 kcal/ml with fibre
Not suitable for use in child under 3 years; use with caution in child over 3 years

Nutrison® Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 500ml, 1000ml, 1500ml
(100ml= 103kcal). Contains fish oil, residual lactose, soya. Gluten-free

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Tube feeds: Impaired gastro-intestinal function or malabsorption: 1 to less than 1.5 kcal/ml peptide base
Not suitable for use in child under 1 year; not recommended for child 1–6 years

Nutrison® Peptisorb (Nutricia) ♦ Specialist/ dietetic initiation only

Flexible pack: 500ml, 1000ml

(100ml= 100kcal). Gluten Free. Fibre Free. Residual Lactose, soya.

Tube feeds: Impaired gastro-intestinal function or malabsorption: 1.5 kcal/ml or more peptide based
Not suitable for use in child under 1 year; not recommended for child 1-6 years

Nutrison® Peptisorb Plus HEHP (Nutricia) ♦ Specialist/ dietetic initiation only

Op Trip Bottle: 500ml, 1000ml

(100ml= 150kcal). Contains residual lactose, soya. Gluten-free

Tube feeds: Standard feeds: 1 to less than 1.5 kcal/ml higher protein
Not suitable for use in child under 1 year; not recommended for child 1–6 years

Nutrison® Protein Plus (Nutricia) ♦ Specialist/ dietetic initiation only

Flexible pack: 500ml, 1000ml

(100ml = 125kcal). Gluten Free. Residual Lactose.

Tube feeds: Standard feeds: 1.5 to less than 2 kcal/ml higher protein
Not suitable for use in child under 1 year; not recommended for child 1-6 years

Nutrison® Protein Plus Energy (Nutricia) ♦ Specialist/ dietetic initiation only

Op Trip Bottle: 500ml, 1000ml

(100ml = 150kcal) Contains fish oil, residual lactose, soya. Gluten-free

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Tube feeds: Standard feeds: 1 to less than 1.5 kcal/ml with fibre, higher protein
Not suitable for use in child under 1 year; not recommended in child 1–6 years

Nutrison® Protein Plus Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only

Flexible pack: 500ml, 1000ml
(100ml = 128kcal). Contains fish oil, residual lactose, soya. Gluten-Free

Tube feeds: Non-milk based feeds: 1 kcal/ml soya based
Not suitable for use in child under 3 years; use with caution in child over 3 years

Nutrison® Plantbased Soya (Nutricia) ♦ Specialist/ dietetic initiation only

Plastic Bottle: 500ml. Flexible pack: 1000ml
(100ml = 100kcal). Contains residual lactose, soya. Gluten-free

Tube feeds: Non-milk based feeds: 1 kcal/ml soya based with fibre
Not suitable for use in child under 3 years; use with caution in child over 3 years

Nutrison® Plantbased Soya Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only

Flexible pack: 1500ml
(100ml = 103kcal). Contains residual lactose, soya. Gluten free

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Tube feeds: Standard feeds: Less than 1 kcal/ml with fibre, higher protein
Not suitable for use in child under 6 years; not recommended for child under 12 years

Nutrison® 800 Complete Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 1000ml
(100ml= 83kcal). Contains fish oil, residual lactose, soya. Gluten Free

Tube feeds: Standard feeds: 1 to less than 1.5 kcal/ml with fibre, higher protein
Not suitable for use in child under 1 year; not recommended for child under 12 years

Nutrison® 1000 Complete Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 1000ml
(100ml= 104kcal). Contains fish oil, residual lactose, soya. Gluten Free

Tube feeds: Standard feeds: 1 to less than 1.5 kcal/ml with fibre, higher protein
Not suitable for use in child under 1 year; not recommended for child under 12 years

Nutrison® 1200 Complete Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
Flexible pack: 1000ml
(100ml= 120kcal). Contains fish oil, residual lactose, soya. Gluten Free

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ENTERAL FEEDS - TOTAL FORMULARY

Tube feeds: Renal failure: 1.8 kcal/ml
Not recommended for use in children

Nepro® HP (Abbott) ♦ Specialist/ dietetic initiation only

Flexible pack: 500ml

(100ml = 200kcal). Contains residual lactose, soya. Gluten-free, Minerals/100 ml: Na 3.04 mmol, K 2.71 mmol, Ca 2.64 mmol, P 2.32 mmol.

Tube feeds: Impaired gastro-intestinal function or malabsorption: 1 to less than 1.5 kcal/ml peptide based
Not suitable for use in child under 1 year; not recommended for use in children

Perative® (Abbott) ♦ Specialist/ dietetic initiation only

Flexible pack: 500ml, 1000ml

(100ml = 131kcal). Contains residual lactose, soya. Gluten-free

Tube feeds: Standard feeds: 2 kcal/ml or more with fibre
Not recommended for use in children

TwoCal® (Abbott) ♦ Specialist/ dietetic initiation only

Flexible Pack: 1000ml

(100ml = 200kcal). Contains residual lactose, soya. Gluten-free

Tube feeds: Impaired gastro-intestinal function or malabsorption: 1.5 kcal/ml or more peptide based
Not recommended for use in children

Vital® 1.5 kcal (Abbott) ♦ Specialist/ dietetic initiation only

Flexible Pack: 1000ml

(100ml = 150kcal). Contains residual lactose. Gluten-free

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