

NHSGGC Paediatric Nutrition Formulary

Oral Nutritional Supplements (Pages 4)

First line

- Ensure® Shake 57g Sachet Δ
- Ensure® Plus (Milkshake Style) 220ml Bottle Δ
- PaediaSure® Plus 200ml Bottle Δ
- PaediaSure® Plus Juice 200ml Bottle Δ

Oral Nutritional Supplements (Pages 5-6)

Total Formulary

- Ensure® Plus Juice 220ml Bottle Δ
- Ensure® Plus Fibre 200ml Bottle Δ
- Ensure® Plus Yoghurt Style 220ml Bottle Δ
- Ensure® Compact 125ml Bottle Δ
- Fortisip® Compact 125ml Bottle Δ** (Neutral only)
- Fortisip® 200ml Bottle Δ**
- Fortini® Compact Multifibre 125ml Bottle Δ**
- PaediaSure® Plus Fibre 200ml Bottle Δ
- Enshake® Powder 96.5g Sachet Δ

Enteral Feeds First Line (Pages 7-10)

- Nutrini® 200ml, 500ml Pack Δ
- Nutrini® Multi Fibre 200ml, 500ml Pack Δ
- Nutrini® Energy 200ml, 500ml Pack Δ
- Nutrini® Energy Multi Fibre 200ml, 500ml Pack Δ
- Nutrini® Low Energy Multi Fibre 200ml, 500ml Pack Δ
- Nutrini® Peptisorb 500ml Pack Δ
- Nutrini® Peptisorb Energy 500ml Pack Δ
- Tentrini® 500ml Pack Δ
- Tentrini® Multifibre 500ml Pack Δ
- Tentrini® Energy 500ml Pack Δ
- Tentrini® Energy Multi Fibre 500ml Pack Δ
- Nutrison® 500ml Bottle and Pack Δ
- Nutrison® Multifibre 500ml Bottle and Pack Δ
- Nutrition® Energy 500ml Bottle and Pack Δ
- Nutrison® Energy Multifibre 500ml Bottle and Pack Δ
- Nutrison® Peptisorb 500ml Bottle and Pack Δ
- Nutrison® Soya 500ml Bottle and Pack Δ

Enteral Feeds Total Formulary (Pages 11)

- Elemental 028® Extra 250ml Carton, 100g Sachet Δ
- Peptamen® Junior 500ml Pack, 400g Can Δ
- Peptamen® Junior Advance 500ml Pack Δ

Modular Supplements First line(Pages 12-13)

- Duocal® Super Soluble 400g Can Δ
- Energivit® 400g can ♦
- Liquigen® Bottle 250ml Δ
- Maxijul® Super Soluble 132g x 4 sachet, 200g Δ
- MCT Oil 500ml Bottle Δ
- Calogen® 200ml Δ
- Polycal® Powder 400g Can Δ
- Neocate® Spoon 15x 37g sachet Δ

Specialised Formulas First Line (Page 14)

Infant and child: Hydrolysate Formula

- Milupa Aptamil® Pepti 1 (Allergy) 400g, 800g Can
- Nutramigen® 1 LGG 400g Can

♦ – Specialist/ Dietetic initiation, Δ - Dietetic Initiation, ** for home delivery bolus feed only

Specialised Formulas Total Formulary (Page 14)

Infant and child: Hydrolysate formula

- SMA Althéra® 450g Can Δ
- Similac® Alimentum 400g Can Δ

Specialised Formulas First Line (Page 15)

Infant and child: Amino acid-based formula

- Neocate® LCP Powder 400g Can Δ
- Neocate® Junior 400g can (vanilla, strawberry and unflavoured) Δ

Specialised Formulas Total Formulary (Page 15)

Infant and child: Amino acid-based formula

- Nutramigen® Puramino 400g can Δ
- SMA Alfamino® 400g Can Δ

Specialised Formulas First Line (Page 16)

Infant and child: MCT-enhanced formula

- MCT Pepdite® 400g Can Δ
- MCT Pepdite® 1+ 400g Can Δ
- Monogen® 400g Can Δ
- Aptamil Pepti Junior 450g can Δ

Specialised Formulas: Infant and child: Low Calcium First Line (Page 16)

- Locasol® 400g Can Δ

Specialist Formulas for specific clinical conditions

First line (Page 17)

- Heparon® Junior 400g Can Δ
- Kindergen® 400g Can Δ
- Nepro HP 200ml Bottle Δ
- Renastart® 10 x 100g Sachet Δ

Specialist Formulas for Pre term infants

First line (Page 18)

- Nutriprem® 1 60ml (Hospital supply only)
- Nutriprem® 2 90ml (Hospital supply only), 200ml Carton Δ
- Nutriprem® 2 Can 900g♦

Specialist Formulas for Pre term infants

Total formulary (Page 18)

- SMA® Pro Gold Prem 1 60ml (Hospital Use Only)
- SMA® Pro Gold Prem 2 200ml Carton, 400g Can Δ

♦ – Specialist/ Dietetic initiation, Δ - Dietetic Initiation, ** for home delivery bolus feed only

NHSGGC Paediatric Nutrition Formulary

Enteral Feeds Infants First Line (Page 19)

- Infatrini[®] 125 ml, 200ml Bottle, 500ml pack ♦

Enteral Feeds Infants Total formulary (Page 19)

- Infatrini[®] Peptisorb 200ml Bottle
- SMA[®] High Energy 250ml Carton ♦

Oral Rehydration Salts First Line (Page 19)

- Electrolade[®] 4g sachet x 20 in a box
- Dioralyte[®] 3.56g sachet x 20 in a box

Feed thickeners First Line (Page 20)

- Carobel, Instant[®] 135g ♦
- Nutilis[®] Clear 175g (for over 3 years) ♦

Feed thickeners Total formulary (Page 20)

- Thick & Easy[®] 225g ♦

Vitamins First Line (Page 20)

- Paediatric Seravit[®] 200g Tub ♦

Fibre Total Formulary (Page 20)

- Resource[®] Optifibre[®] Powder 10g sachet, 250g can ♦

NHSGGC Infant and Paediatric Oral and Enteral Nutrition Formulary

For those infants and children requiring prescription of specialist metabolic or low protein foods information on these can be found within the NHSGGC Metabolic Product Formulary

http://www.ggcprescribing.org.uk/media/uploads/other_formularies/metabolic_product_formulary_final_211014.pdf

And the NHSGGC Low Protein Food formulary

http://www.ggcprescribing.org.uk/media/uploads/other_formularies/low_protein_formulary_final_21102014.pdf

♦ – Specialist/ Dietetic initiation, Δ - Dietetic Initiation, ** for home delivery bolus feed only

Oral Nutritional supplements

These products are usually recommended in addition to food. If a child requires these nutritional products they should have been assessed by a paediatric dietitian. The paediatric dietitian will advise the prescriber on the product name, formulation, dose and timings for the oral nutritional supplement. Expected duration of treatment and review plans should also be included.

ONS FIRST LINE

A2.2.1.2 Nutritional supplements: More than 1 kcal/mL and less than 5g protein/100mL
Not suitable for use in child under 1 year

Ensure® Shake (Abbott)

Sachets: 7 × 57g. Banana, chocolate, strawberry, vanilla.

1 x 57g sachet = 389 Kcals made up with 200ml full fat milk – not suitable as a sole source of nutrition

Limit to 1 sachet per day unless recommended otherwise by a dietitian

Not suitable for use in children unless advised by a specialist paediatric dietitian

A2.2.2.1 Nutritional supplements: 1.5kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year; use with caution in child 1–5 years

Ensure® Plus Milkshake Style (Abbott)

Bottle: 200ml. Banana, chocolate, coffee, fruits of the forest, peach, raspberry, strawberry, vanilla, neutral

Gluten-free. Residual lactose

A2.1.3.4 Enteral feeds, Child: 1.5 kcal/ml and more than 4g protein/100ml
Not suitable for use in child under 1 year

Paediasure® Plus (Abbott)

Bottle: 200ml. Banana, strawberry, vanilla, unflavoured.

Gluten-free. Residual lactose

A2.2.1.2 Nutritional supplements: More than 1kcal/mL and less than 5g protein/100mL
Not suitable for use in child under 1 year; use with caution in child 1–5 years unless otherwise stated

Paediasure® Plus Juce (Abbott)

Bottle: 200ml. Apple, very berry

Gluten-free. Residual lactose. Non-milk taste

ONS TOTAL FORMULARY

A2.2.1.2 Nutritional supplements: More than 1kcal/ml and less than 5g protein/100ml

Not suitable for use in child under 1 year; use with caution in child 1–5 years

Ensure® Plus Juce (Abbott)

Bottle: 220ml. Apple, fruit punch, lemon-lime, orange, peach, strawberry

Gluten-free. Residual lactose. Non-milk taste

A2.2.2.1 Nutritional supplements: 1.5kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year; use with caution in child 1–5 years

Ensure® Plus Fibre (Abbott)

Bottle: 200ml. Banana, chocolate, raspberry, strawberry, vanilla

Gluten-free. Residual lactose

A2.2.2.1 Nutritional supplements: 1.5kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year; use with caution in child 1–5 years

Ensure® Plus Yoghurt style (Abbott)

Bottle: 220ml. Peach, strawberry

Gluten-free. Residual lactose

A2.2.2.1 Nutritional supplements: More than 1.5kcal/mL and 5g (or more) protein/100 mL

Not suitable for use in child under 1 year; use with caution in child 1-5 years

Ensure® Compact (Abbott)

Bottle: 4 x 125mls, vanilla, strawberry, banana. Specialist/ dietetic initiation only

(125mls = 300kcal) - a low volume high calorie supplement. Gluten Free. Residual lactose

Not suitable for use in children unless advised by a specialist paediatric dietitian

A2.2.2.3 Nutritional supplements: More than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year; use with caution in child 1–5 years unless otherwise stated

Fortisip® Compact (Nutricia)

Bottle: 125ml. Neutral flavour Only

Residual lactose

A2.2.2.1 Nutritional supplements: 1.5kcal/ml and 5g (or more) protein/100ml
Use with caution in child 3–5 years

Fortisip® Bottle (Nutricia)

Bottle: 200ml. Banana, chocolate, neutral, orange, strawberry, toffee, tropical fruits, vanilla

Gluten-free. Residual lactose

A2.2.2.3 Nutritional supplements: More than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year; use with caution in child 1–5 years unless otherwise stated

Fortini Compact Multifibre (Nutricia)

Bottle: 125ml. Strawberry and Neutral

Gluten Free. Residual lactose

A2.1.3.4 Enteral feeds, Child: 1.5kcal/ml and more than 4g protein/100ml
Not suitable for use in child under 1 year

Paediasure® Plus Fibre (Abbott)

Bottle: 200ml. Banana, strawberry, vanilla. Flexible pack: 500ml. Vanilla

Gluten-free. Residual lactose

A2.4.1.3 High-energy supplements: protein: Protein, fat, and carbohydrate

Enshake® Powder (Abbott)

Sachet: 96.5g. Banana, chocolate, strawberry, vanilla

Residual lactose. Contains vitamins and minerals

ENTERAL FEEDS FIRST LINE

A2.1.3.2 Enteral feeds, Child: 1kcal/ml and less than 4g protein/100ml

Not suitable for use in child under 1 year

Nutrini[®] (Nutricia)

Bottle: 200ml. Flexible pack: 500ml

Gluten-free. Residual lactose

A2.1.3.2 Enteral feeds, Child: 1kcal/ml and less than 4g protein/100ml

Not suitable for use in child under 1 year

Nutrini[®] Multi Fibre (Nutricia)

Bottle: 200ml. Flexible pack: 500ml

Gluten-free. Residual lactose. Contains fish oil

A2.1.3.4 Enteral feeds, Child: 1.5 kcal/ml and more than 4g protein/100ml

Not suitable for use in child under 1 year

Nutrini[®] Energy (Nutricia)

Bottle: 200ml. Flexible pack: 500ml

Gluten-free. Residual lactose. Contains fish oil

A2.1.3.4 Enteral feeds, Child: 1.5kcal/ml and more than 4g protein/100ml

Not suitable for use in child under 1 year

Nutrini[®] Energy Multi Fibre (Nutricia)

Bottle: 200ml. Flexible pack: 500ml

Gluten-free. Residual lactose. Contains fish oil

A2.1.3.1 Enteral feeds, Child: Less than 1kcal/ml and less than 4g protein/100ml

Nutrini[®] Low Energy Multifibre (Nutricia)

Bottle: 200ml. Flexible pack: 500ml

Gluten-free. Residual lactose. Contains fish oil

A2.1.3.2 Enteral feeds, Child: 1kcal/ml and less than 4g protein/100ml

Not suitable for use in child under 1 year

Nutrini[®] Peptisorb (Nutricia)

Flexible pack: 500ml

Gluten-free. Residual lactose

A2.1.3.4 Enteral feeds, Child: 1.5kcal/ml and more than 4g protein/100ml

Not suitable for use in child under 1 year

Nutrini[®] Peptisorb Energy (Nutricia)

Flexible pack: 500ml

Gluten-free. Residual lactose

A2.1.3.2 Enteral feeds, Child: 1kcal/ml and less than 4g protein/100ml

Tentrini[®] (Nutricia)

Flexible pack: 500ml

Gluten-free. Residual lactose. Contains fish oil

A2.1.3.2 Enteral feeds, Child: 1kcal/ml and less than 4g protein/100ml

Tentrini[®] Multi Fibre (Nutricia)

Flexible pack: 500ml

Gluten-free. Residual lactose. Contains fish oil

A2.1.3.4 Enteral feeds, Child: 1.5 kcal/ml and more than 4g protein/100ml

Tentrini[®] Energy (Nutricia)

Flexible pack: 500ml

Gluten-free. Residual lactose. Contains fish oil

A2.1.3.4 Enteral feeds, Child: 1.5 kcal/ml and more than 4g protein/100ml

Tentrini® Energy Multi Fibre (Nutricia)

Flexible pack: 500ml

Gluten-free. Residual lactose. Contains fish oil

A2.1.1.1 Enteral feeds: 1kcal/ml and less than 5g protein/100ml

Not suitable for use in child under 1 year; not recommended for child 1–6 years

Nutrison® (Nutricia Clinical)

Bottle: 500ml. Flexible pack: 500ml

Gluten-free. Residual lactose

A2.1.1.1 Enteral feeds: 1kcal/ml and less than 5g protein/100ml

Not suitable for use in child under 1 year; not recommended for child 1–6 years

Nutrison® Multi Fibre (Nutricia)

Bottle: 500ml. Flexible pack: 500ml

Gluten-free. Residual lactose

A2.1.2.1 Enteral feeds: 1.5kcal/ml and 5g (or more protein/100ml

Not suitable for use in child under 1 year; not recommended for child 1–6 years

Nutrison® Energy (Nutricia)

Bottle: 500ml. Flexible pack: 500ml

Gluten-free. Residual lactose

A2.1.2.1 Enteral feeds: 1.5kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year; not recommended for child 1–6 years

Nutrison® Energy Multi Fibre (Nutricia)

Bottle: 500ml. Flexible pack: 500ml

Gluten-free. Residual lactose

A2.1.1.1 Enteral feeds: 1 kcal/ml and less than 5g protein/100ml

Not suitable for use in child under 1 year unless otherwise stated; not recommended for child 1–6 years

Nutrison® Peptisorb (Nutricia)

Bottle: 500ml. Flexible pack: 500ml

Gluten-free. Residual lactose

A2.1.1.1 Enteral feeds: 1 kcal/ml and less than 5g protein/100ml > Soya protein formula

Not suitable for use in child under 1 year. Not recommended for child 1-6 years

Nutrison® Soya (Nutricia)

Bottle: 500ml. Flexible pack 500ml

Gluten-free. Residual lactose. Milk protein-free

ENTERAL FEEDS TOTAL FORMULARY

A2.1.1.2 Enteral feeds: Less than 1 kcal/ml and less than 5g protein/100ml: Amino acid formula (essential and non-essential amino acids)
Not suitable for use in child under 1 year unless otherwise stated; not recommended for child 1–6 years

Elemental 028[®] Extra (Nutricia)

Liquid (sip feed) per 100ml

Carton: 250ml. Grapefruit, orange and pineapple, summer fruits

Standard dilution (20 %) of powder (sip or tube feed) per 100ml

Sachet: 100g. Banana, citrus, orange, unflavoured

A2.1.3.2 Enteral feeds, Child: 1kcal/ml and less than 4g protein/100ml

Not suitable for use in child under 1 year

Peptamen[®] Junior (Nestlé)

Liquid (tube feed)

Flexible pack: 500ml

Gluten-free. Residual lactose. Hydrolysed with pork trypsin

Standard dilution (22%) of powder (sip or tube feed)

Can: 400g. Vanilla

Gluten-free. Residual lactose. Hydrolysed with bacterial trypsin

A2.1.3.4 Enteral feeds, Child: 1.5kcal/ml and more than 4g protein/100ml

Not suitable for use in child under 1 year

Peptamen[®] Junior Advance (Nestlé)

Flexible pack: 500ml

Gluten-free. Residual lactose. Hydrolysed with pork trypsin. Contains fish oil

MODULAR SUPPLEMENTS FIRST LINE

A2.4.1.2 High-energy supplements: Fat and Carbohydrate

Duocal[®] Super Soluble (Nutricia)

Can: 400g

Gluten-free. Lactose-free

A2.4.1.2 High-energy supplements: fat: fat and carbohydrate

Liquid supplements should be diluted before use in child under 5 years

Energivit[®] (Nutricia)

Can: 400g, (5g measuring scoop provided)

Lactose-free. With vitamins, minerals, and trace elements

A2.4.1.2 High-energy supplements: fat

Liquid supplements should be diluted before use in child under 5 years

Liquigen[®] (Nutricia)

Bottle: 250ml

Gluten-free. Lactose-free

A2.4.1.1 High-energy supplements: carbohydrate

Maxijul[®] Super Soluble (Nutricia)

Sachets: 4 × 132 g. Can: 200g. Unflavoured

Gluten-free. Lactose-free

A2.4.1.2 High-energy supplements: fat

Liquid supplements should be diluted before use in child under 5 years

Medium-chain Triglyceride (MCT) Oil (Nutricia Clinical)

Bottle: 500ml

A2.4.1.2 High-energy supplements: fat

Liquid supplements should be diluted before use in child under 5 years

Calogen[®] (Nutricia)

Bottle: 200ml. Banana, neutral, strawberry

Gluten-free. Lactose-free

A2.4.1.1 High-energy supplements: carbohydrate

Flavoured carbohydrate supplements are not suitable for child under 1 year; liquid supplements should be diluted before use in child under 5 years

Polycal[®] Powder (Nutricia)

Powder: Can. 400g. Neutral

Gluten-free. Lactose-free

A2.3.1 Specialised formulas: Infant and child: Amino acid-based formula

Not suitable for child under 6 months - this product is used when weaning as is mixed with food stuff.

Not suitable as sole source of nutrition

Neocate[®] Spoon (Nutricia)

Sachet: 15 x 37g

Milk protein-free

SPECIALIST FORMULAS: INFANT & CHILD : HYDROLYSATE FORMULA FIRST LINE

A2.3.1 Specialised formulas: Infant and child: Hydrolysate formula. Whey based.
Suitable for infants from birth

Milupa Aptamil Pepti[®] 1 (Allergy) (Milupa)

Can: 400g, 800g
Contains Lactose and fish oil
Powder provides: protein 11.6g, carbohydrate 52g, fat 25.6g, energy 2025kJ (484kcal)/100g

A2.3.1 Specialised formulas: Infant and child: Hydrolysate formula. Casein based.
Suitable for infants from birth

Nutramigen[®] 1 LGG (Mead Johnson)

Can: 400g
Gluten-free. Lactose-free
Powder provides: protein 14g, carbohydrate 55g, fat 25g, energy 2100kJ (500kcal)/100g

SPECIALIST FORMULAS: INFANT & CHILD : HYDROLYSATE FORMULA TOTAL FORMULARY

A2.3.1 Specialised formulas: Infant and child: Hydrolysate formula
Suitable for infants from birth

SMA Althera[®] (Nestlé)

Can: 450g
Powder provides: protein 12.5g, carbohydrate 55.5g, fat 26g, energy 2117kJ (506kcal)/100g

A2.3.1 Specialised formulas: Infant and child: Hydrolysate formula
Suitable for infants from birth

Similac[®] Alimentum (Abbott)

Can: 400g
Powder provides: protein 14.4g, carbohydrate 51.4g, fat 29.1g, energy 2196kJ (525kcal)/100g

SPECIALIST FORMULAS: INFANT & CHILD : AMINO ACID - BASED FORMULA FIRST LINE

A2.3.1 Specialised formulas: Infant and child: Amino acid-based formula
Suitable for infants from birth

Neocate[®] LCP Powder (Nutricia)

400g can
Milk protein-free

A2.3.1 Specialised formulas: Infant and child: Amino acid-based formula
Suitable for infants from 1 year old

Neocate[®] Junior (Nutricia)

400g can. Vanilla, Strawberry and Unflavoured
Milk protein-free

SPECIALIST FORMULAS: INFANT & CHILD : AMINO ACID - BASED FORMULA TOTAL FORMULARY

A2.3.1 Specialised formulas: Infant and child: Amino acid-based formula
Nutritional supplement only. Not suitable for child under 1 year

Nutramigen[®] Puramino (Mead Johnson)

400g can
Gluten-free. Lactose-free.

A2.3.1 Specialised formulas: Infant and child: Amino acid-based formula
Nutritional supplement only. Not suitable for child under 1 year

SMA Alfamino[®] (Nestlé)

400g can

SPECIALIST FORMULAS: INFANT & CHILD : MCT- ENHANCED FORMULA FIRST LINE

A2.3.1 Specialised formulas: Infant and child: MCT-enhanced formula
 Suitable for infants from birth

MCT Peptide® (Nutricia)

Can: 400g
 Gluten-free. Lactose-free. Contains meat (pork) and soya derivatives

A2.3.1 Specialised formulas: Infant and child: MCT-enhanced formula

MCT Peptide® +1 (Nutricia)

Can: 400g
 Gluten-free. Lactose-free. Contains meat (pork) and soya derivatives

A2.3.1 Specialised formulas: Infant and child: MCT-enhanced formula

Monogen (Nutricia)

Can: 400g
 Residual lactose. Supplementation with essential fatty acids may be needed

A2.3.1 Specialised formulas: Infant and child: MCT-enhanced formula. Suitable for infants from birth

For the dietary management of malabsorption resulting from conditions such as short bowel syndrome, following gastrointestinal surgery, liver disease, chronic diarrhoea and feed intolerance.

Aptamil Pepti-Junior is not suitable for infants with galactosaemia, galactokinase deficiency or anaphylaxis.

Aptamil PeptiJunior® (Nutricia)

Can: 450g
 Residual lactose. Contains fish oil.

SPECIALIST FORMULAS: INFANT & CHILD : LOW CALCIUM FORMULA FIRST LINE

A2.3.1 Specialised formulas: Infant and child: Low calcium formula
 Suitable for infants from birth

Locasol® (Nutricia)

Can: 400g
 Contains lactose. Calcium less than 7 mg/100ml. No added vitamin D

SPECIALIST FORMULAS FOR SPECIFIC CLINICAL CONDITIONS : FIRST LINE

A2.3.2 Specialised formulas for specific clinical conditions

Enteral feed or nutritional supplement for children with acute or chronic liver failure

Heparon[®] Junior (Nutricia)

Can: 400g

Contains lactose. Electrolytes/100ml: Na⁺ 0.56mmol. K⁺ 1.9mmol. Ca²⁺ 2.3mmol. P⁺ 1.6mmol

A2.3.2 Specialised formulas for specific clinical conditions

Enteral feed or nutritional supplement for children with chronic renal failure receiving peritoneal rapid overnight dialysis

Kindergen[®] (Nutricia)

Tub: 400g

Electrolytes/100ml: Na⁺ 2mmol. K⁺ 0.6mmol. Ca²⁺ 2.8mmol. P⁺ 3mmol. Low Vitamin A

A2.3.2 Specialised formulas for specific clinical conditions

Enteral feed or nutritional supplement for patient with chronic renal failure who are on haemodialysis or CAPD or with cirrhosis or other condition requiring a high energy, low fluid, low electrolyte diet.

Not suitable for children under 1 year use with caution in child 1-5 years.

Nepro[®] HP(Abbott)

Carton: 200ml. Strawberry, vanilla. Flexible pack: 500ml. Vanilla

Gluten-free. Residual lactose. Electrolytes/100ml: Na⁺ 3.67mmol. K⁺ 2.72mmol. Ca²⁺ 3.43mmol. P⁺ 2.23mmol

A2.3.2 Specialised formulas for specific clinical conditions

Dietary management of renal failure in child from birth to 10 years

Renastart[®] (Vitaflo)

Can: 400g. Unflavoured

Contains lactose. Electrolytes/100ml: Na⁺ 2.1mmol. K⁺ 0.6 mmol. Ca²⁺ 0.6 mmol. P⁺ 0.6mmol

SPECIALIST FORMULA FOR PRE TERM INFANTS: FIRST LINE

A2.1.3.1 Enteral feeds, Child: Less than 1kcal/ml and less than 4g protein/100ml

Low birth weight formula

Nutriprem® 1 (Cow & Gate)

Bottle: 60ml. Hospital supply only

Contains soya, fish oil and egg lipid

A2.1.3.1 Enteral feeds, Child: Less than 1kcal/ml and less than 4g protein/100ml

Catch up growth in pre-term infants (less than 35 weeks at birth) and small for gestational age up to 6 months corrected age.

Nutriprem® 2 (Cow & Gate)

Liquid (sip feed)

Bottle: 90ml (hospital supply only, not ACBS listed) 200ml

Contains soya, fish oil and egg lipid

Standard dilution (15.3%) of powder (sip feed)

Can: 900g

Contains soya, fish oil and egg lipid

SPECIALIST FORMULA FOR PRE TERM INFANTS: TOTAL FORMULARY

A2.1.3.1 Enteral feeds, Child: Less than 1kcal/ml and less than 4g protein/100ml

Low birth weight formula

SMA[®] Pro Gold Prem 1 (Nestlé)

Bottle: 70ml. Hospital supply only

Contains lactose

A2.1.3.1 Enteral feeds, Child: Less than 1kcal/ml and less than 4g protein/100ml

Catch up in pre-term and small for gestational age infants on discharge from hospital up to 6 months corrected age.

SMA[®] Pro Gold Prem 2 (Nestlé)

Liquid (sip feed)

Bottle: 200ml

Contain lactose

Standard dilution (14.4 %) of powder (sip feed)

Can: 400g

Contains lactose

ENTERAL FEEDS INFANTS: FIRST LINE

A2.1.3.2 Enteral feeds, Child: 1 kcal/ml and less than 4g protein/100ml

Infatrini® (Nutricia)

Bottle: 125ml. 200ml. Flexible pack: 500ml

Gluten-free. Contains fish oil

ENTERAL FEEDS INFANTS: TOTAL FORMULARY

A2.3.1 Specialised formulas: Infant and child: Hydrolysate formula

Suitable for infants from birth

Infatrini® Peptisorb (Nutricia)

Bottle: 200ml

Gluten-free. Residual lactose. Contains fish oil

A2.1.3.1 Enteral feeds, Child: Less than 1 kcal/ml and less than 4g protein/100ml

SMA® High Energy (Nestlé)

Carton: 250ml

Contains lactose

ORAL REHYDRATION SALTS: FIRST LINE

9.2.1.2 Oral sodium and water: Oral Rehydration Therapy (ORT): Oral Rehydration Salts (ORS): UK formulations

Electrolade[®] (Actavis)

Banana, black currant, lemon and lime, or orange-flavoured. 6-sachet (plain or multi flavoured) pack, 20-sachet (single- or multi flavoured) pack
Oral powder, sodium chloride 236mg, potassium chloride 300mg, sodium bicarbonate 500mg, anhydrous glucose 4g/sachet

9.2.1.2 Oral sodium and water: Oral Rehydration Therapy (ORT): Oral Rehydration Salts (ORS): UK formulations

Dioralyte[®] (Sanofi-Aventis)

6-sachet pack, 20-sachet pack (black currant or citrus-flavoured or natural)
Oral powder, sodium chloride 470mg, potassium chloride 300mg, disodium hydrogen citrate 530mg, glucose 3.56g/sachet

FEED THICKENERS: FIRST LINE

A2.5.2 Feed thickeners and pre-thickened drinks

Carobel Instant[®] (Cow & Gate)

135g packet
Powder, carob seed flour

A2.5.2 Feed thickeners and pre-thickened drinks

For thickening of liquids or foods in dysphagia. Not suitable for children under 3 years

Nutlis[®] Clear (Nutricia)

175g tin
Powder, maltodextrin, xanthan gum, guar gum, gluten- and lactose-free

FEED THICKENERS: TOTAL FORMULARY

A2.5.2 Feed thickeners and pre-thickened drinks

For thickening of liquids or foods in dysphagia. Not suitable for children under 1 year

Thick 'n' Easy[®] (Fresenius)

225g tin
Powder, modified maize starch

VITAMINS: FIRST LINE

A2.4.2 Fibre, vitamin, and mineral supplements: Vitamin and Mineral supplements

Paediatric Seravit[®] (Nutricia)

Tub: 200g. Unflavoured, 200g. Pineapple

FIBRE: TOTAL FORMULARY

A2.4.2 Fibre, vitamin, and mineral supplements: High-fibre supplements

Resource[®] Optifibre[®] (Nestlé)

Sachet: 16 x 10g. Can: 250g
Gluten-free. Lactose-free

NHSGGC Paediatric Nutrition Formulary