

NHS Greater Glasgow Urology Formulary Reviewed August 2017

Primary Care

A prescribing guideline is intended to assist healthcare professionals in the choice of therapeutic options for patient- centred care. Clinical judgement should be exercised on the applicability of any guideline, influenced by individual patient characteristics.

Urology care formulary, product data and prescribing guidance updated by a Multidisciplinary Group. Urology Care Formulary to be monitored by the Therapeutics subgroup of the Area Drugs and Therapeutics Committee.

Introduction

The NHS Greater Glasgow and Clyde Urology Formulary Primary Care have been reviewed by the Urology Steering Group on behalf of the ADTC therapeutic group preferred choices of urology products for patients with urinary incontinence. Containment pads and intermittent self catheters are excluded from this formulary.

Products are listed Part 5 of Scottish Drug Tariff. <http://www.isdscotland.org/Health-Topics/Prescribing-and-Medicines/Scottish-Drug-Tariff/Docs/February-2017/2017-02-SDT-PART5.pdf>

This formulary complements current guidance available on use of urology products.

Assessment and use of all appliances must be undertaken by an appropriately trained healthcare professional; who should “maintain the knowledge and skills you need for safe and effective practice” (NMC Code of Conduct, March 2015). <https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/nmc-code.pdf> downloaded May 2017

Key Message and prescribing recommendations

Preferred core product choices are included in this formulary

This document will include those products which are within the ceiling cost and will not have an adverse effect on the preferred list compliance. ,

Any product out with ceiling cost required to meet patient needs either under specialist advice or for a specific patient condition, will have rationale clearly documented in patient notes. This will prevent switches being made at patient review or at medical reconciliation.

Category	Ceiling cost		Category	Ceiling cost
Urinary catheters	≤ £5.00		Night bags	≤ £1.20
Supra pubic catheters	≤ £6.50		Night bags single use	≤ £0.30
Urosheaths	≤ £1.60		Catheter valves	≤ £2.00
Leg bags	≤ £2.60		Catheter insertion packs	≤ £2.50

For further information, refer to Tables in this formulary, which include guidance on suggested volume of products to reduce waste and highlight variances for further review and preferred product choices.

If there are any products routinely used which the clinician feels should be included as a preferred choice product then a request can be made via the ADTC therapeutics group.

Ordering Supplies

There are two routes to the supply of urology products and this should be discussed with patients and/or carers to determine their preferred choice:

1. **Community Pharmacies** – prescriptions can be requested by the patient or the patient's representative from the GP surgery and items delivered directly to the patient's home, along with other medication by prearrangement with community pharmacist. Stock will be delivered within 24 – 48 hours in most instances. Nb this may be a preferred choice for patients who already have an established relationship with their community pharmacist and could be accessing the pharmacy home delivery service for their medication.
2. **Dispensing Appliance Contractors (DAC)** –prescriptions can be requested from the GP by the patient or the patient's representative and sent to the DAC. Items are in most circumstances delivered directly to the patient's home. Delivery time frames and intervals between deliveries can be agreed with the DAC

Considerations to make when requesting repeat prescription

1. It is the responsibility of caseload holder/clinician to be aware of cost of products when prescribing and whenever possible if there are no variances between products to opt for lowest cost. This will make best use of resources whilst maintaining quality of care
2. Clinicians supporting patients at initiation and ongoing use of urology products, who are not prescribers, should ensure that they request reasonable volumes to prevent waste and to choose or request products generically from the preferred options for the general practice to prescribe.
3. Patients should be advised on what reasonable volumes are and who to contact if they feel that products/volumes are not meeting their needs, with subsequent review
4. Patients should be encouraged to order when they get to a defined threshold quantity to allow sufficient time for delivery
5. Patients should be encouraged to report to their GP practice if they feel that they have excess stock building up or any concern with service delivery to prevent waste.
6. If a patient review is required or you have any concerns with regard to prescribing activity of particular patients, support can be obtained via your prescribing support pharmacist .

To support safe and cost effective prescribing to meet individual patient needs the prescribing support pharmacist can also help support clinicians by identifying patients who require review through the urology pharmacy implementation guide process. This includes identifying variances in prescribing such as individual patients who are being prescribed consistently very high or low volumes of products over a period of time. Refer to table one on suggested average volumes of products required.

All continence products excluding containment pads are classified as medical devices and are regulated by the Medical Device Agency (MDA). Anyone may report adverse incidents or problems with products, including patients, carers, or any healthcare professional via the Medicines and Healthcare Products Regulatory Authority (MHRA). www.yccscotland.scot.nhs.uk

Table One: Product volume prescribing considerations

Product	Frequency of change	Prescription requirements (56 day prescribing):
<p><u>Indwelling urinary urethral catheters long term, Nelaton rounded tip:</u></p> <ul style="list-style-type: none"> • Medisil® • Qufora® 	<ul style="list-style-type: none"> • One catheter every twelve weeks unless patient has an individual management plan due to clinical requirement for more frequent change 	<ul style="list-style-type: none"> • First time catheterisation: prescribe 3 catheters (one for immediate use, two spare for unplanned changes if required) • Ongoing prescriptions: One catheter • Exception those patients who require more frequent scheduled changes
<p>Indwelling supra pubic long term catheter, open ended tip</p> <ul style="list-style-type: none"> • Qufora® <u>male size only</u> 	<ul style="list-style-type: none"> • One catheter every eight weeks or sooner if required if patient is at risk of catheter blocking 	<ul style="list-style-type: none"> • First time catheterisation: prescribe 3 catheters (one for immediate use, two spare for unplanned changes if required) • Ongoing prescriptions: One catheter
<p>Sterile Catheterisation Procedure Insertion Packs:</p> <ul style="list-style-type: none"> • Richardson Cath-It® 	<ul style="list-style-type: none"> • One pack required per catheter change 	<ul style="list-style-type: none"> • Two layer system: Layer One removal kit. Layer Two Catheterisation insertion kit (Does not include catheter, lubricating gel or saline). Water required to inflate catheter balloon and Iripod for cleansing prior to insertion are not included
<p>Sterile Lubricating Gel : Instillagel® for indwelling catheter insertion procedure contains:</p> <ul style="list-style-type: none"> • Lidocaine hydrochloride 2% and Chlorhexidine gluconate solution 0.25% 	<p>Presentation sterile syringe gel:</p> <ul style="list-style-type: none"> • 6mls (female), 11ml (male) • Pack size 10 	<ul style="list-style-type: none"> • Administer 5 minutes prior to catheter insertion. • Prior to use be aware of the contraindications for use and observations required for the use of lidocaine
<p>Leg drainage bags and STERILE night drainage bags</p> <ul style="list-style-type: none"> • Prosys® bag • Qufora® bag 	<p>Replace bag:</p> <ul style="list-style-type: none"> • Every 5 to 7 days • At routine catheter change 	<ul style="list-style-type: none"> • 1 box of 10 bags (sufficient for up to 10 weeks) • Minimum one box and maximum two boxes required • Box includes one pair of non-sterile latex gloves and 10 soft elasticated cotton Velcro retention straps
<p>Night drainage bags (Non sterile)</p> <ul style="list-style-type: none"> • Prosys® bag check if drainable and non drainable • Qufora® bag check if drainable or non drainable 	<ul style="list-style-type: none"> • Single use • Available in drainable and non drainable sterile bags • Change bag daily 	<ul style="list-style-type: none"> • 6 Boxes of 10 (60 Bags)
<p>Night drainage bags (non sterile)</p> <ul style="list-style-type: none"> • Qufora® 2 litre ;120 cm length, lever valve • Qufora® 2 litre ;120 cm length, T-valve • Prosys® 2 litre ;120 cm length, lever (options available for single or weekly use) 	<ul style="list-style-type: none"> • Change once weekly 	<ul style="list-style-type: none"> • 1 Box of 10 (sufficient for up to 10 weeks) • Maximum two boxes (20 bags for this period)
<p>Catheter valves 4 cm:</p> <ul style="list-style-type: none"> • Careline® lever • Careline® T- tap • Qufora 	<p>Replace valve:</p> <ul style="list-style-type: none"> • Every 5 to 7 days at routine catheter change 	<ul style="list-style-type: none"> • 2 boxes of 5 • minimum 8 - maximum 12
<p>Penile sheaths:</p> <ul style="list-style-type: none"> • P-sure® • Qufora 	<p>Change daily:</p> <ul style="list-style-type: none"> • Some patients may prefer to leave in situ for longer periods • 1 box contains 30 	<ul style="list-style-type: none"> • Sheaths can be changed on a daily basis to relieve pressure and allow for skin hygiene • 2 boxes (60 sheaths) max

Table Two: Preferred Product List with PIP and order Codes

MEDASIL SILICONE BALLOON URETHRAL CATHETER- MEDASIL SURGICAL LTD					
Cost £4.62 each			Ceiling cost £5.00		
	Balloon size	Size	Tip	PIP CODE	ORDER CODE
Female	10mls	12	Nelaton	270-2447	86F
Female	10mls	14	Nelaton	270-2454	86F
Female	10mls	16	Nelaton	270-2462	86F
Female	10mls	18	Nelaton	270-2470	86F
Female	30mls	16	Nelaton	270-2520	86F
Male	10mls	12	Nelaton	270-2280	84M
Male	10mls	14	Nelaton	270-2298	84M
Male	10mls	16	Nelaton	270-2306	84M
Male	10mls	18	Nelaton	270-2314	84M
Male	30mls	16	Nelaton	270-2389	84M
QUFORA SILICONE BALLOON URETHRAL CATHETER-MacGREGOR HEALTHCARE LTD					
Cost £4.29each			Ceiling cost £5.00		
Female	5-10mls	12	Nelaton	381-2500	34240512
Female	5-10mls	14	Nelaton	381-2518	34240514
Male	5-10mls	12	Nelaton	381-2393	34220512
Male	5-10mls	14	Nelaton	381-2401	34220514
Male	5-10mls	16	Nelaton	381-2419	34220516
Male	5-10mls	18	Nelaton	381-2427	34220518
QUFORA SILICONE BALLOON SUPRA PUBIC CATHETER-MacGREGOR HEALTHCARE LTD					
Cost £5.50 each			Ceiling cost £6.50		
UNISEX	5-10mls	16	Supra-pubic/open tip	381-2757	34230216
UNISEX	5-10mls	18	Supra-pubic/open tip	381-2716	34230218
UNISEX	5-10mls	20	Supra-pubic/open tip	381-2724	34230220
CATH-IT CATHETERISATION PACKS-RICHARDSON HEALTHCARE £1.98					
Small/medium gloves				370-1034	908410
Medium/large gloves				370-1042	908420
Large/extra large gloves				379-6935	908430
CATHETER VALVE					
Can be connected to catheter or sheath			Ceiling cost £2.00)		
				PIP CODE	PRODUCT CODE
Careline	– Unomedical Ltd	Lever	£2.00	346-4484	908211S-20
Careline	– Unomedical Ltd	T-tap	£2.00	346-4492	908051S-20
Qufora	– MacGregor Healthcare		£1.70	21104204	
Prosys	- Clinisupplies Ltd		£1.90	PCV3942	

DRAINAGE BAGS (10 bags per box) sterile					Ceiling cost £2.60
Boxes contains one pair sterile latex gloves and soft elasticised velcro straps					
QUFORA DRAINAGE BAGS-MacGregor Healthcare Ltd £2.24 each					
Type	SIZE	TUBE LENGTH	TAP	PIP CODE	PRODUCT CODE
Leg	500ml	Long	Lever	380-8086	12161504
Leg	500ml	Short	Lever	385-7281	12161804
Leg	500ml	Short	T-tap	385-7299	12151804
Leg	500ml	Long	T-tap	380-8193	12151504
Leg	750ml	Long	Lever	380-8094	12361504
Leg	750ml	Short	Lever	388-4301	12361804
Leg	750ml	Long	T-tap	380-8201	12351504
Leg	750ml	Short	T-tap	385-7315	12351804
Night	2litre	120cm	Lever valve	381-2781	14823204
Night	2litre	120cm	T-valve	381-2773	14853204
PROSYS DRAINAGE BAGS-Clinisupplies Ltd £2.55 each					
Leg	350ml	Short	Slide	299-6817	P350S
Leg	350ml	Long	Slide	299-6767	P350L
Leg	500ml	Short	Lever	299-6825	P500S
Leg	500ml	Long	Slide	299-6791	P500L
Leg	500ml	Short	Slide	299-6825	P500S
Leg	500ml	Long	Slide	299-6791	P500L
Leg	500ml	Long	Lever	351-1474	P500L-LT
Leg	750ml	Short	Slide	299-6833	P750S
Leg	750ml	Long	Slide	299-6809	P750L
Night	2litre	120cm	Slide	313-7940	P2000 (£1.20 each box of 10 drainable tap)
Night	2litre	120cm	Lever	351-1458	P2000LT (1196 for ten) non sterile non return valve
PENILE UROSHEATH (30 per box)					Ceiling cost £1.60 each
P-SURE SHEATH - Manfred Sauer Ltd £1.58 each					
Sheath size		Diameter (mm)		PIP CODE	PRODUCT CODE
Small		20		290.2856	97.20
Small		22		290.2864	97.22
Small		24		290.2872	97.24
Medium		26		290.2880	97.26
Medium		28		290.2898	97.28
Medium		30		290.2906	97.30
Large		32		290.2914	97.32
Large		35		290.2922	97.35
Large		37		290.2930	97.37
Extra large		40		290.2948	97.40
QUFORA SHEATH- MacGregor Healthcare Ltd £1.27 each					
Standard 24mm		24mm		20111101	
		28mm		20111201	
		31mm		20111301	
		35mm		20111401	
		40mm		20111501	
Short 3838 for 30		24mm		20111103	
		28mm		20111203	
		31mm		20111303	
		35mm		20111403	
		40mm		20111503	