

NHSGGC Safe and Secure Handling of Medicines	
Guidance Section 17	
Symptomatic Relief	
Approved by: ADTC Safer Use of Medicines Committee	December 21
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- 17.1 NHSGGC has approved Symptomatic Relief Policies (SRPs) which allow nurses and midwives to administer medicines from an agreed list to patients. The agreed list of medicines in each SRP comprises mainly General Sales List or Pharmacy medicines that are intended to relieve minor and common complaints (e.g. constipation, headache).
- 17.2 Different clinical areas within NHSGGC utilise different SRPs – local SOPs must be followed relating to the documentation and administration of medicine under these policies. The main Acute SRP can be found [here](#) (link to ggcmedicines.org.uk site).